



St Andrew the Apostle School Weekly Newsletter

Be kind to one another, forgiving one another, as God forgave you. Ephesians 4:32

14 July 2023

Message from Headteacher

It has been a delight to welcome back our Year 12 students after their work experience. Friday has been dedicated to helping them prepare for UCAS applications and statements under the watchful gaze of Ms Bicarregui, our Head of Sixth Form, and her team.

As I write, I am hugely looking forward to the talent show this evening. A huge amount of preparation and hard work has gone into honing all the individual performances and pieces and I have been assured that an extravaganza of musical and dramatic talent awaits us tonight! There is a keen spirit of anticipation, too, for all the trips that are going out next week, not least Whipsnade Zoo! Hopefully we will be blessed with good weather.

Sometimes life and particularly sport is about dealing with disappointment. Our Y9 Netballers lost the RET Challenge Trophy to Becket Keys School in Brentwood the other day, but the match was played in an excellent spirit with some notable individual performances. I have every confidence that they will regain the trophy in the rematch next year.

Talking of perseverance and resilience, it has been wonderful to see Koni from Year 11 be rewarded for his many years of hard work on the football pitch with a contract at Brentford FC.



It was wonderful to welcome an old friend of the school, Father Damian, from St Katherine, on Wednesday morning. He conducted services in the Chapel and Hall with all year groups, which were well received. He particularly emphasised the 'Catholic', i.e., universal, nature of the Orthodox Church in his question-and-answer session with the students. I was touched, too, by his inclusion of a Prayer from St Ephrem the Syrian: it was at St Ephrem (or St Ephraim, depending on the spelling), a tiny church at the heart of Cambridge, that I experienced my first taste of Orthodox worship under the tutelage of Father John Jillions and Bishop Kallistos Ware, may his memory be eternal, many years ago.

The Prayer that Father Damian put into the service is actually a Lenten prayer, but it is relevant all-year round, not least in its concluding emphasis on working with God to improve our own conduct and refraining from passing judgement others:

O Lord and Master of my life!

*Take from me the spirit of sloth,
faint-heartedness, lust of power, and idle talk.*

*Take from me the spirit of sloth,
faint-heartedness, lust of power, and idle talk.*

*But give rather the spirit of chastity,
humility, patience, and love to Thy servant.*

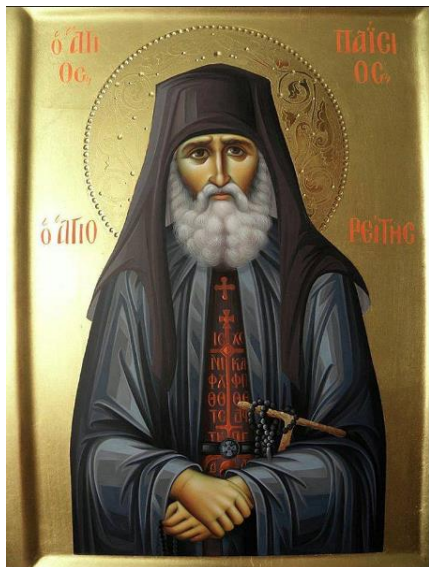
*Yea, Lord, and King! Grant me to see my own errors
and not to judge my brother,
for Thou art blessed unto ages of ages.*

Amen.

Dr Philip Hills, Headteacher

Faith- πίστη

St Paisios – Feast Day 12 July



Elder Paisios of the Holy Mountain was born on July 25th, 1924, in the village of Farasa in Cappadocia of Asia Minor. Elder Paisios was baptized by St Arsenios of Cappadocia and named Arsenios, after the Holy Father. When he was about a month old, he and his family with St Arsenios were relocated to northern Greece as part of the population exchange between Greece and Turkey. At age 11, not only did St Paisios work an apprenticeship as a carpenter, but he also read the lives of the saints, seeking silence on top of mountains and in caves to keep vigil, fast, and pray. After a childhood friend suggested Christ may not be fully God, the saint was troubled, running to the forest to prostrate and pray for hours. Christ Himself then appeared to the boy Arsenios, saying, “I am the Resurrection and the Life. He that believes in Me—though he were dead—yet he shall Live.” Any doubt and questioning had vanished.

At age 15, St Paisios attempted to join a monastery in the Metropolis of Iannina but was told he was too young. His yearning for the monastic life and to be in isolation grew. He served in the military of Greece at 23 years old as a radio operator, asking the Theotokos to let him suffer, be in danger, but for him not to kill anyone, and for her to make him worthy to be a monk. In return, he would restore the monastery in Stomio that had been burned down during the second World War. After being honourably discharged on March 21st, 1950, the Elder visited Mount Athos, returned home to help his father and sisters with work, then returned back to the Holy Mountain to stay, becoming an intermediate monk at age 29. Later, he was

tonsured into the Small Schema and given the name Paisios. After leaving Athos and spending three years helping to restore the Stomio monastery, as he had promised the Mother of God, he was finally able to live as a hermit on Mount Sinai in 1962 for two years. While there, he would humbly sell wood carvings to provide food for the local Bedouins. At this time, lifelong health problems began to surface, forcing him to return back to Mount Athos. In 1964, St Paisios received to the Great and Angelic Schema from his spiritual father, Elder Tikhon, at the hermitage of the Holy Cross. Numerous miracles were performed by Saint Paisios through his prayers, including the healing of multiple diseases such as blindness, heart problems, and cancer. He was gifted with clairvoyance and foresight and could address a person he had just met by name, tell them their life story, and even answer their questions before they could ask them. More and more pilgrims began visiting the Holy Elder for prayers and guidance.

St. Paisios departed the Holy Mountain for the final time on October 5th, 1993, to have a procedure to treat his cancer. He endured the intense and excruciating pain without a single complaint and even took visitors and continued to give counsel. Elder Paisios received his last communion on July 11th, 1994, giving his spirit up to the Lord the following day. On January 13th, 2015, the Holy Synod of the Ecumenical Patriarchate of Constantinople canonized Elder Paisios as a saint. At St Andrew, we venerate St Paisios for his embodiment of the Christian principle of Trust: his faith in the power of the Lord knew no bounds and numerous times he gave up his own well-being, even risking his life, for the comfort and protection of others.

Saint Name Days for next week:

Date	Saint Celebrated
Monday 17 July	ALEXANDRA, ALIKI, MARINA
Tuesday 18 July	EMILIANOS
Wednesday 19 July	DIAS, GARYFALLIA, MAKRINA
Thursday 20 July	ELIAS
Saturday 22 July	MAGDALNI, MARKELLA, MARYLENA, MENELOAS

Term Dates 2023-24

Please see our term dates for the academic year 2023-24 in the link below: [Term Dates](#)

Upcoming key Dates and Information

- Monday 17 July – Year 7 Gilwell Park Trip
- Tuesday 18 July – Year 9 & 10 Whipsnade Zoo Trip
- Thursday 20 July – Last Day of Term 12.30pm
- Please [click here](#) to access term dates.
- Please [click here](#) to access school calendar.
- Please [click here](#) to access previous editions of the Newsletters.



St Andrew Sports Headlines

Konstantin Year 11



Congratulations to Year 11 student Koni who has signed for Premier League side Brentford Football Club. Koni has signed a two-year scholarship deal.

The scholarship includes Koni training regularly each week, playing matches for Brentford U18s team and continuing his further education. Earlier this year Koni became the youngest ever player to represent the U18 Bulgarian football team. We wish Koni all the best for the future and will follow his progress closely.

Mr Browell (Head of PE)



Jerome Year 10

Our Year 10 student Jerome recently played for the victorious London U15 Boys Gaelic football team which participated in the prestigious Feile Peile Na Oig ('Football Festival of the Young') tournament, at the Connacht GAA Centre of Excellence in County Mayo, Ireland.

The Feile is an All-Ireland competition, which culminates in a one-day tournament of the best teams from across Ireland and Britain. Jerome's team won the Division 2 Shield in the face of tough competition from county champion teams from Derry, Donegal, Offaly, and Tyrone, and can be rightfully proud of this wonderful achievement. Jerome's spectacular goal against Tyrone Champions Carrickmore will be long remembered by all who were there!

Miss Walt (Head of Year)

Year 8 Head of Year 2023 - 2024

My name is Mr Francis, and starting in September, I will be succeeding Ms Nelson as Head of Year. I would like to take this opportunity to express my gratitude to Ms. Nelson for the outstanding work that she has done in ensuring that the transition that your child made from primary to secondary school went as smoothly as possible.

Y8 will be an exciting and crucial time in their educational journey, and I am looking forward to working alongside you and your child to assist them reach their full potential.

Have a peaceful and restful holiday.

Mr Francis (Head of Year 11)



Year 9 Head of Year 2023 - 2024

My name is Mr Browell and I am Head of PE at St Andrew the Apostle School. I'm delighted to announce I will become Head of Year for the next academic year. I have worked at the school since September 2016 and became Head of PE in 2018. I have taught Y9 students since they joined the school in September 2020, teaching all students a mixture of physical education, drama, geography and PSHE. I have shared some fantastic moments with the year group already across sporting fixtures, trips, and school events. I am ever so excited to lead the year group through the two-year GCSE journey starting in September. I look forward to meeting all parents at the Y10 GCSE Settling in Evening in October.



Mr Browell (Head of Year & Head of PE)

End of Term Updates

As the academic year draws to a close, we would like to inform you of some important updates regarding the school's closure and provide essential safety tips to ensure a fun-filled and secure summer for our students.

School Closure Details: School will be closing for the summer break on the 20 July at 12.30 pm.

Free School Meals: For families who qualify for free school meals, lunch will be provided to students on this day. Our catering team will be distributing free school meals on Thursday. You

Summer Safety Tips for Students: As the summer holidays approach, we would like to emphasize the importance of keeping our students safe during this time. Here are some crucial safety reminders that we kindly request you to discuss with your children:

1. **Railway Line Safety:** It is essential to educate our children about the dangers of railway lines. Trains can be extremely hazardous, and playing or walking on or near tracks is strictly prohibited. Reinforce the message that railway lines are off-limits and that their safety depends on staying away from them.
2. **Water Safety:** With the warm weather, many families enjoy spending time near bodies of

water. Ensure that your children understand the importance of water safety. Emphasise the need to swim only in designated areas with adult supervision, wear appropriate safety gear, and follow all safety guidelines. Water can be a source of great joy but can also pose risks if precautions are not taken.

3. **Online Safety:** In today's digital age, it is crucial to address online safety. Encourage your children to be responsible digital citizens and remind them of the following:
 - Avoid sharing personal information online, such as full names, addresses, or contact details.
 - Be cautious while interacting with strangers online and never agree to meet someone in person without parental permission.
 - Report any suspicious or inappropriate online content to a trusted adult or teacher.
 - Regularly discuss online experiences with your children to ensure they feel comfortable discussing any concerns or incidents.

By reinforcing these safety measures, we can ensure our students have a safe and enjoyable summer break.

Mr Martin (Deputy Headteacher)

St Andrew Summer Challenges for KS3

Our approach to summer homework for KS3 is going to be a little different this year...

We are excited to announce that our KS3 students will be set STA Summer Challenges: a series of activities from all subjects where students can collect achievement points in September for the efforts they put in!

To avoid students spending too much time on screens, lots of these activities are practical and some are outdoor. All KS3 students will be able to access these challenges from Bromcom.

Here are some examples from Y7:



STA Summer Challenge 2023 Year 7

Subject	Challenge	Prove it!
English	Take part in this year's Summer Reading Challenge (this year theme is Sports and Games): for details how to take part online or in your local library check the following website: Summer Reading Challenge Or / And A Ghost Story Competition Ghost Stories (12-18 Year-Olds) Young Writers	Write a review one of the books you have read over summer and stick/copy it into your new English exercise book in the first week of September to kick off the new academic year with some extra achievement points. Or/And Stick/copy your 250-word ghost story into your exercise book in the first week of September to kick off the new academic year with some extra achievement points.
Maths	Complete assessment QAs on Dr Frost Maths. Complete the years' courses on Dr Frost Maths.	Evidence from Dr Frost Maths progress data and points score
Science	How many practicals can you cross off! Practical Bingo	Take pictures of the practicals you do! Choose 1 to write a clear step by step method for and include safety instructions.
French	Watch a French film with subtitles such as 'Le Petit Nicolas' or 'Un monstre à Paris', or change one of your favourite programmes into French on Netflix!	Write a summary and your opinion in French to show your teacher in September for achievement points!

We look forward to rewarding students with lots of achievement points in September!

Mrs L Cooke (Deputy Headteacher)

Exam Boards

As the Summer holiday season approaches, we wanted to provide you with crucial information regarding the exam boards our school employs for GCSE examinations for future years. This knowledge will enable you to ensure that your child has access to the correct revision guides, tailored specifically to their examination board's requirements.

To access the relevant exam board information, we invite you to visit our school website at <https://standrewtheapostle.org.uk/exam-boards>.

By referring to this webpage, you will find the exact exam boards utilised for each subject offered at our school. This information is invaluable when selecting revision materials, as different exam boards often require slightly different approaches and content coverage.

We strongly recommend that you use this information to guide your purchase of revision guides. By selecting the correct exam board-specific resources, your child will benefit from targeted and tailored content,

increasing their chances of achieving their full potential in their GCSE examinations.

Should you have any questions or require further guidance, our staff are readily available to assist you and you can contact your child's teacher using the staff contact form.

Mr Martin (Deputy Headteacher)

Site



For up-to-date news on our new school building and site, please click on the following link: [St Andrew The Apostle Plans](#).

There will be more work on the pilings of the building, and once the foundations are in place, the outer structure will spring up very quickly! If you have any questions as a parent regarding the new building, do contact the school directly.



Site Drop-off and Pick-up



Drop-off and pick-up for can be busy times on the North London Business Park. Please do encourage your child to use public transport or walk or drop off/pick up outside the NLBP as this helps possible congestion and makes our site safer. If you do pick-up in the afternoon, please do use the designated orange bays to wait. Our partners, the Comer Group, have also allowed parents to use bays that are not in use on the ground floor of the multi-storey care park without paying. They have emphasised to us that waiting in your cars in these bays must not start before 2.45pm; we ask that you do not arrive before this time as you may be subject to a fixed penalty notice parking fine. Please do ensure that you do not park in the

disabled parking bays if you are not displaying a blue badge as you may be liable for a fixed penalty notice parking fine also. We would like to thank all parents who do look for alternatives for drop-off/pick-up and for all of you who follow the routine of dropping off via the usual routes.

Summer Term Extra – Curricular Sports Clubs

PE extra-curricular clubs.



Please note a change in sports clubs on a Thursday this term. The table tennis club advertised will no longer run due to the public examinations in the hall. Dodgeball will now run instead from 3.00pm-4.00pm in the building 5 hall.

Monday

Activity: All Years Futsal

Time: 3.00pm-4.00pm

Venue: Building 4 Playground

***Change in building 5 changing rooms.**

Tuesday

No clubs due to Athletics League Meetings (Invite Only)

Wednesday

Activity: All Years Girls Dance

Time: 3.00pm-4.30pm

Venue: Building 5 Hall

***Change in building 5 changing rooms.**

Thursday

Activity: All Years Table Tennis

Time: 3.00pm-4.00pm

Venue: Building 4 Hall

***Change in building 4 changing rooms.**

Activity: All Years Boxercise

Time: 3.00pm-4.30pm

Venue: Building 5 Playground

***Change in building 5 changing rooms.**

Please note students do not wear PE kit to school on the day of clubs. If you do not have PE on the day of the club, but wish to attend, please bring PE kit to change into after-school. Full PE kit must be worn to after-school clubs. If you have PE lessons on the day of a chosen club, you will already be changed into full PE kit.

Mr Browell (Head of PE)

School Uniform

We are incredibly proud of our students and the way that they present themselves to our community. We do this by 'sweating the small stuff' when it comes to

uniform, and this ensures that larger behaviour issues are less common. The aim of our uniform policy is to ensure that all students look professional, are ready to work in school and be prepared for the world of work after they leave us.

Please do support the school culture and ethos by helping us ensure that students have the correct uniform. In particular:

- Students should be wearing leather shoes, please click here for [boys shoes](#) and [girls shoes](#).
- Students should not wear any jewellery or piercings other than a single stud in each ear lobe.
- Students should be wearing neutral trainer socks or no socks with tights.
- Students should also have their shirt tucked in, top buttons done up and ties tied correctly.



If students arrive to school in incorrect uniform, they could be asked to return home to change and return immediately or failure to follow clear and reasonable instructions to address their uniform could result in students being detailed or placed in our Referral Room.

Mr Martin (Deputy Headteacher)

Second Hand Uniform

You can buy good quality, second-hand uniform at the following site: www.oldschooluniform.co.uk

The school accepts outgrown, good condition uniform please hand in your items to the school reception.

Mobile Phones



We would like to remind parents that the use of mobile phones is prohibited during the school day, and students should not use them to communicate with anyone including parents. This is to ensure that our students can concentrate on their learning without distractions and to maintain a positive learning environment.

Our school has a strict policy on mobile phone use, and we expect all students to adhere to this policy. Mobile phones must not be visible or used during the school day, including breaks and lunchtime. Any mobile phones that are seen or heard will be confiscated by the school staff and returned to the student at the end

of the school day. If this happens twice, parents should expect to come and collect the phone from the school office.

We understand that mobile phones can be important for staying in touch with parents and guardians, particularly in emergencies. However, we have systems in place to ensure that students can communicate with parents in case of emergency. Parents can contact the school office, and we will make sure that the message is relayed to the student. We encourage parents to use this system rather than contacting their child directly during the school day.

We believe that the mobile phone ban is essential to create a positive learning environment where students can concentrate on their studies without distractions. We appreciate your support in enforcing the mobile phone ban and remind parents that it is their responsibility to ensure that their child adheres to the school's policy on mobile phone use. We encourage parents to talk to their children about the importance of the ban and the impact that mobile phones can have on their academic performance.

Thank you for your cooperation in this matter, and we look forward to continuing to work together to ensure the best possible learning environment for our students.

Mr Martin (Deputy Headteacher)

Jamie Oliver Group – Opportunity for Young People

We're looking for a brilliant range of kids to take part in a delicious and fun new TV series in which kids from all over the country are given the inspiration and skills to cook for the people in their lives - it doesn't matter if they've never cooked before, it matters if they want to have a go!

They will learn how to cook a special meal for their family, friends, team mates, or for a special occasion, in exchange for showing us their awesome hobby or skills; from sports to music and art, drama to dance, magic to martial arts, boxing to photography, science to fishing....you name it!

So we are looking for a variety of great kids to take part and that's where we hope your organisation might be able to help us please! We would be grateful for any support you could lend by helping to spread the word of this exciting opportunity.

We are inclusive and open to all and firmly believe there should be no barriers to taking part. As a production company, our shared aims and core values

are that all children should feel represented, engaged and empowered.

We are looking for children to take part between the ages of 9 and 13 and filming will take place in the UK this Summer during the school holidays. On this occasion, you must be a UK resident.

To apply please click on this link:

<https://www.jamieoliver.com/cooking-for-kids/>

****Applications MUST be completed with a parent/guardian.****

For further information about the show please contact:

casting@jamieoliver.com

Finchley Fire Station Open Day



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For more info contact Charlene Mitchell:
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WEEK 2: MONDAY 7TH AUGUST – THURSDAY 10TH AUGUST
WEEK 3: MONDAY 14TH AUGUST – THURSDAY 17TH AUGUST
WEEK 4: MONDAY 21ST AUGUST – THURSDAY 24TH AUGUST

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- 9:30 - 11:30am (Morning Tennis)
- 12:00 - 2:00pm (Afternoon Tennis)
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Prices

- 1 morning or afternoon £18 member / £22 non member
- 5 mornings or afternoons £87.50 member / £100 non member
- Full day (9:30am - 2:00pm) £36 member / £42 non member
- Full week (5 days) £162.50 member / £200 non member
- Daily £25 member / £28 non member
- Full week (5 days) £112.50 member / £125 non member

Week 1. 24th - 28th July
Week 2. 31st - 4th Aug
Week 3. 7th - 11th Aug
Week 4. 14th - 18th Aug
Week 5. 21st - 25th Aug
Week 6. 29th - 1st Sept (4 days)

Bookings online via our website www.oakleighparkclub.co.uk or by scanning the QR code below



Tennis enquiries to Andy at tenniscoaching@oakleighparkclub.co.uk
Squash enquiries to Julie at office@oakleighparkclub.co.uk
100 Oakleigh Road North, London N20 9EZ