



St Andrew the Apostle School Weekly Newsletter

Be kind to one another, forgiving one another, as God forgave you. Ephesians 4:32

28 April 2023

Message from Executive Headteacher

Thank you to all Key Stage 3 parents who are supporting their children with online lessons during this period of industrial action. There has not been resolution between the government in the dispute with the National Education Union, so we are facing further days of extensive disruption, the first of which is on Tuesday 2 May as you will have seen from my recent letter. The largest school leaders' union, ASCL, announced this week that they will ballot their members on taking industrial action in relation to the current situation regarding funding in schools. This will be the first time that ASCL has formally balloted at a national level. The dispute with the government is therefore far from resolved and I am afraid that we are anticipating further disruption to come. We have, however, been able to open to exam year groups, which I know has supported these learners.

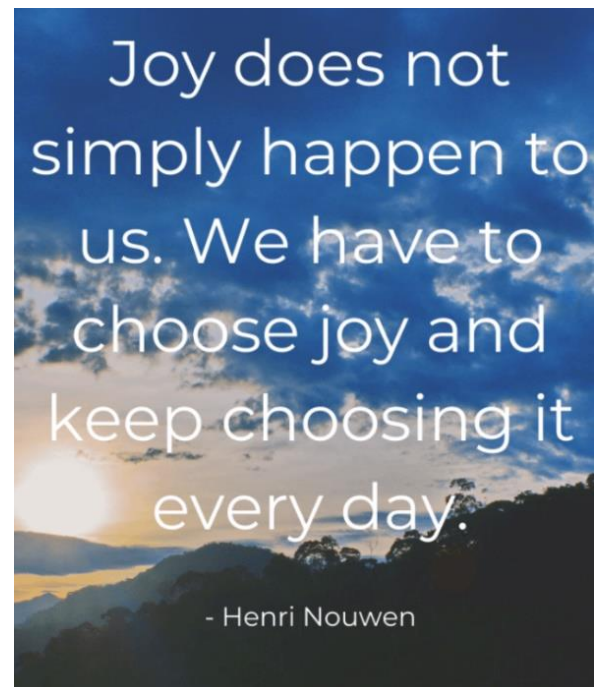
Week on week I am astounded by the learners at St Andrew the Apostle School. Year 10 have been monumental this week. They have taken part in their first set of really formal Key Stage 4 exams, with this series being the mid-point of their GCSEs. Their focus and determination have been brilliant. They have really 'stepped-up' as a year group and we are very proud of them – their Head of Year, Ms Walt, has been beaming this week!

Also beaming were all those associated with the Year 9 football team and that includes their coach, Mr Fowlie. His players won 4-0 in the district cup semi-final and are now looking forward to a local derby district final. I stopped in on the pre-match briefing and it had shades of the pre-exam briefings the Year 10 students are receiving for their mid-course exams! The focus and determination were obviously similar from the Year 9 football team!

My heart was filled with joy when I saw the creations of our Year 11 artists following their 10-hour practical exam. What they created was utterly fantastic, but

more than what we as teachers saw and what grades they will be awarded, it was what they thought and felt about what they had created that was so uplifting to experience.

All these amazing things bring joy to our days in school and as well as these it is the simple day to day tasks where we find joy too, working together as a group of colleagues; supporting students through an exam series; overseeing a break/lunch duty. All those moments and all those in the community bond together to make St Andrew's ethos so special.



Do remember that the next two Mondays are Bank Holidays and there is another day of industrial action on Tuesday 2 May where Year 7, 8 and 9 will be learning at home.

I do wish you a pleasant Bank Holiday weekend,

Anthony Easton, Executive Headteacher

Term Dates 2023-24

Please see our term dates for the academic year 2023-24 in the link below: [Term Dates](#)

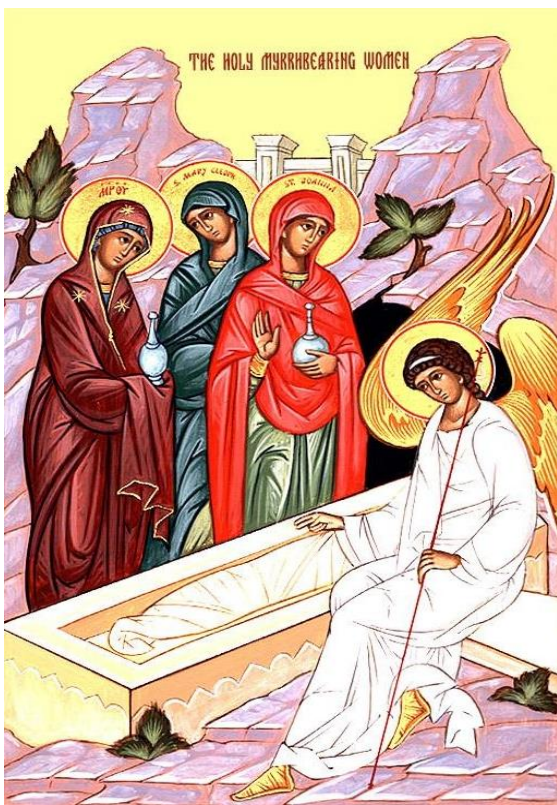
Upcoming key Dates and Information

- PE Clubs re-commence, see below.
- Tuesday 2 May – NEU Strike Day
- Please [click here](#) to access term dates.
- Please [click here](#) to access school calendar.
- Please [click here](#) to access previous editions of the Newsletters.



Faith- πίστις

Christ is risen? Truly he is risen. Christos Anesti – these words are used as a greeting in the Orthodox Church to fellow Christians for the 40 days following Pascha.



The second Sunday after Pascha (Easter), the Orthodox Church commemorates a number of people connected with the final events of Jesus's life who were important witnesses to His death and resurrection. These are **the Myrrh-Bearing Women** who came to anoint the body of Jesus but also Joseph of Arimathea who buried Jesus, and Nicodemus who helped him. We gratefully remember them for their faith, courage, and devotion to the Lord.

We know a great deal about the Twelve Apostles of Christ, but we know very little about the Myrrh-

Bearing Women who were devoted to Christ equally as much as the Apostles themselves. They were with Jesus as He preached the message of Salvation. They were with Him when He was taken down from the cross. It was these women who came to anoint His Sacred Body and prepare it for burial. This is why the Church refers to them as the "Myrrh-bearing Women."

The Myrrh-Bearing Women went to Jesus' tomb to anoint His body, only to discover it empty. The Myrrh bearing Women did not mysteriously disappear following the Resurrection of Christ. There were a number of them, and we know their names. The evangelist John writes, "Standing by the Cross of Christ were: **His mother, and His Mother's sister Mary the wife of Clopas, and Mary Magdalene, Salome, Mary and Martha**, the sisters of Lazarus (friend of Jesus), **Susanna** - the mother of the sons of Zebedee. (John 19:25). These were the people who proved faithful, who remained at the Cross in steadfast human love.

You are probably thinking at this point that most of these women are named Mary. The name Mary was incredibly common. It is said that one quarter of all women in Jewish Palestine at the time were named Mary. This led to the need to identify these women by the patriarchal naming tradition at a time which involved connecting them to their most well-known male relative. We must remember this and be careful to not confuse their identities.

The Myrrh Bearing Women attended to Jesus during His crucifixion and entombment and afterwards, neither losing faith in Him after His death, nor fearing the wrath/anger of the Jewish rulers. They came to the tomb, bearing the myrrh-oils they had prepared to anoint His body. It is because of the myrrh-oils, that these God-loving women brought to the tomb of Jesus that they are called the Myrrh-bearers. We know the names of only seven of these women: Mary Magdalene; Mary the Mother of James, Joanna the wife of Chuza; Salome the mother of the sons of Zebedee; Susanna; and Mary and Martha, the sisters of Lazarus.

Together with them we also celebrate the secret disciples of Jesus, Joseph and Nicodemus. Joseph of Arimathea was a rich and noble man, and a member

of the Privy Council of Jerusalem. He dared to ask Pilate for the body of our Saviour, which he took and buried in his own family tomb. Accompanying Joseph to the tomb was Nicodemus, who was one of the leaders of the Pharisees. He had believed in Christ when, at the beginning of His preaching of salvation, he came to Him by night. Nicodemus brought 100 pounds of myrrh to scent and embalm the body of Christ out of reverence and love (John 19:39).

Those whom Christ had asked to stay with him at the hour of His agonizing struggle, when He "began to be greatly distressed and troubled" (Mark 14:33), abandoned him and renounced him. But those from whom He asked nothing remained faithful in their simple human love.

Sunday of the Myrrh-bearing Women reminds us that the love and faithfulness of a few individuals shone brightly in the midst of hopeless darkness. It calls us to ensure that in this world love and faithfulness do not disappear or die out.

It judges our lack of courage, our fear, and our quick excuses. The mysterious Joseph and Nicodemus, and these women who go to the grave at dawn, occupy so little space in the gospels and it is for this reason that the Orthodox Church devotes a feast day specifically honouring their unquestioning faith and love in the Lord.

Χριστός Ανέστη; Christ is Risen; Христос воскрес; Hristos a înviat; المسيح قام حقا قام

Saint Name Days for next week:

Date	Saint Celebrated
Monday 01 May	FILOSOFOS, ISIDORA, TAMARA
Tuesday 02 May	AVGERINOS, BORIS, ESPEROS
Wednesday 03 May	RODOPI
Thursday 04 May	MELIA
Friday 05 May	EFRAIM, EFREM, EIRINAIOS, IRINI
Saturday 06 May	IOV, SERAPHIM
Sunday 07 May	BATHSHEBA

Students Achievement Points

Last Friday the school held its half-termly reward for individual students who received the most achievement points last term. The event was held in the school's conference room, where the students had a smaller setting to speak with Mr Martin and discuss their future aspirations.



They had a chance to share their goals and dreams for their future careers while receiving guidance and insights from our pastoral team. It was an excellent opportunity for the students to gain a deeper understanding of their career paths and the steps they need to take to achieve their goals.

Moreover, the students enjoyed their cookies and hot chocolates while discussing their ambitions. The warmth of the drinks was a perfect complement to the pleasant atmosphere of the event. It was an ideal reward for their hard work and dedication to achieve their recognition points.

We hope that this event has inspired our students to continue to work hard towards their future careers. We are confident that they will find success and happiness in their chosen paths. We also want to congratulate the students who received achievements points.

Thank you to all our students for their hard work and dedication. We look forward to seeing your bright futures unfold!

Mr Martin (Deputy Headteacher)

Kings Coronation III School Menu

In celebration of King Charles III celebration, we will be serving our usual menu plus The Kings Coronation Theme Day Menu on Friday 5 May and Tuesday 9 May.



King Charles III Coronation Assembly

Throughout this week, Mr Walsh delivered an enthralling assembly about the history of King Charles III and his coronation. The assembly was both informative and engaging, leaving the students with an appreciation for the monarch's place in history.

Our students were engaged throughout the assembly. Mr Walsh peppered the presentation with humorous anecdotes and interesting facts, making the information easy to digest and understand. It was clear that Mr Walsh had put a lot of effort into the presentation, and the students appreciated it. Students across the Trust benefitted from this presentation as it was used in assemblies in other Trust schools.

In addition to the usual facts about King Charles III and his coronation, Mr Walsh also included some lesser-known information. Here are three obscure facts about King Charles III that were included in the presentation:

1. King Charles III is an avid environmentalist and has been known to compost his own food waste. He even converted his Aston Martin to run on bioethanol made from wine wastage.

2. King Charles III has an extensive art collection and is known to be a fan of contemporary art. He has even exhibited his own watercolour paintings.
3. King Charles holds a Guinness World Record for the longest-serving heir apparent. He became the heir apparent on February 6, 1952, he had held this position for over 69 years, surpassing the previous record set by his great-great-grandfather, King Edward VII.

Overall, the students learned a great deal from the assembly, and it was evident that Mr Walsh had done an excellent job of delivering the information. The assembly was a reminder of the importance of understanding the history of our country, and the students left with an appreciation of the monarch's place in British culture. We are grateful to Mr. Walsh for his time and effort in preparing and delivering such an engaging assembly.

Students Success – Level 3 Algebra



Sidney CP, Giorgio C, Gabriella B, Elie T, Irem I, Rost Z, Danial T, Luciano S, Alex B, Luca R, Usayd J, Esigie O and Alex A

I am pleased to announce that 13 of our Year 11 students have achieved an Edexcel Level 3 Award in Algebra.

The Edexcel Level 3 Award in Algebra is designed to help students develop a comprehensive understanding of algebraic concepts and a solid foundation in mathematical techniques. This qualification is taken in preparation for studying A-Level mathematics or related subjects.

This is our first year offering this extra qualification, and we hope that our students will continue to excel and achieve even higher awards in the future.

Mr Dogan (Head of Mathematics)

Year 9 Football Success!



Our Year 9 football team faced Wren Academy in a semi-final match on Tuesday evening, and the team delivered an outstanding performance to secure their place in the final. The game was full of excitement with brilliant moments from both teams, but it was St Andrew the Apostle who emerged victorious with a 4 – 0 win!

The game was kicked off by Jayden who showcased excellent skills and determination from the outset, leading to a superb opening goal that set the tone for the rest of the match. Jayden's performance continued to shine as he went on to score a hat-trick, cementing his place as the team's top scorer.

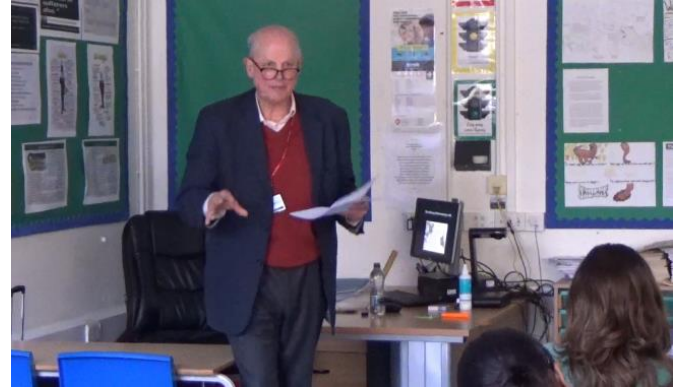
However, it was Angel who was named man of the match for his excellent role in both the offensive and defensive aspects of the game; he scored one of the four goals and then stepped up as a centre back following an injury substitution. His contribution to the team's victory cannot be understated and his performance was a true testament to his dedication and skill.

Throughout the game, our team displayed incredible teamwork and coordination, working seamlessly together to create scoring opportunities and shut down their opponent's attacks. Their impressive performance was met with cheers from their supporters!

We wish the team every success in the upcoming final!

Mr Browell (Head of PE)

Professor James Simpson's Visit



Last week we had a privilege of listening to two excellent lectures delivered by James Simpson, Professor of Harvard University. Year 13 students were exploring the world of Chaucer's 'Wife of Bath' ahead of their A level exams, whilst selected students of Year 10 and 11 engaged with Shakespeare's use of poetic form to tell a tragic love tale of Romeo and Juliet. Students have shown maturity, curiosity and exceptional critical thinking by contributing and asking pertinent questions. Prof Simpson described his visit to our school as "inspirational"; in his email following day he wrote: "I'm increasingly persuaded that secondary school, not university, is the key frontier for the teaching of literature. My inspirational visit to St Andrew yesterday confirmed that persuasion! You have many wonderful students." One of the highlights of his visit, as he said later, was a conversation with year 7 student Isabella Cummings, who spent lunchtime chatting to him about interesting books to read. Below she describes how it all happened.

The Pencil Case

Pencil cases hold tools, pencils, pens, rubbers etc, but my pencil case was the tool that helped me meet Professor James Simpson from Harvard University.

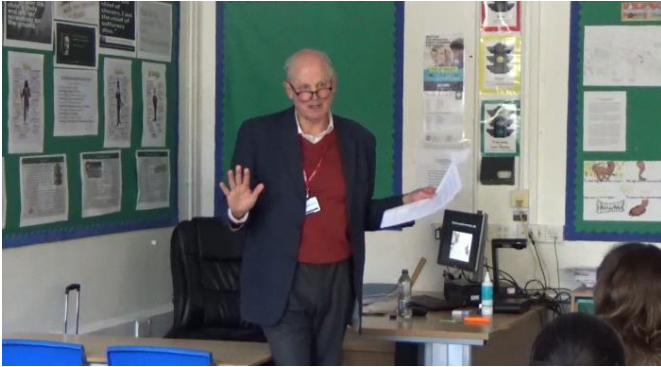
It was mainly a stroke of luck. I happened to have a Harvard pencil case with me, and my English teacher (Mr DJ) told Ms Bassington about it, who took me to the next door classroom to meet the professor. I was very excited, and I was wishing I could join the lectures he was delivering to the year 12s and 13s that lesson.

The second time I saw him was on my own decision as I wanted to ask the Professor what his favourite book was. We talked about books by Jane Austen, Agatha Christie and even a bit about Sherlock Holmes. The professor said, "It is difficult to choose just one book as I read a large range" and "One of the books that

inspired me most was 'If This Is A Man' by Primo Levi; this author is Italian and his book is about the holocaust."

Meeting Professor Simpson was a really interesting and amazing experience.

By Isabella Cummings (year 7 Simon)



Our A-Level English Lit class were lucky enough to receive a very informative talk from Harvard lecturer James Simpson last Thursday 20 April. The talk was about Chaucer's 'The Wife of Bath' and the genre of Chivalric Romance, providing us with context about the genre and Chaucer himself. The lecture covered interesting topics such as how Chaucer utilises the Wife of Bath to expose the "reality" of Chivalric Romance by criticising the institution of marriage and rewriting power dynamics between men and women. This drew our attention to how some may say, Chaucer was ahead of his time in his criticisms of The Church and gender roles within society and the way in which he gave women a voice through the character of the Wife of Bath. Further, this challenged us to question whether or not we would class 'The Wife of Bath' as anti-feminist literature and sparked a very interesting debate. Overall, our experience with James Simpson was incredibly useful and eye-opening to new perspectives on 'The Wife of Bath'. By Thea



Ms Bassington (Head of English)

Small Steps

We are pleased to announce that next week, our Year 9 students will have the opportunity to



attend a presentation by Small Steps, a leading organisation dedicated to supporting young people in navigating the dangers of online and in-person radicalisation. The presentation will cover important topics related to staying safe and informed in today's digital age, particularly as it pertains to extremist ideologies and recruitment tactics.

As we are all aware, the internet can be a powerful tool for learning, connecting, and exploring new ideas. However, it can also expose young people to dangerous influences and propaganda, particularly when it comes to extremist groups who seek to exploit vulnerable individuals for their own gain. Online platforms can provide a space for self-radicalisation, where individuals become increasingly isolated from mainstream society and vulnerable to extremist ideologies.

The consequences of self-radicalisation can be severe, both for the individual and for society. It can lead to the perpetration of violent acts, the spread of hate and intolerance, and the erosion of social cohesion and trust. It is therefore essential that young people are equipped with the knowledge and skills necessary to recognise the signs of radicalisation and to seek help if they or someone they know is at risk.

The Small Steps presentation will offer a range of practical advice and guidance on how to stay safe and informed online, as well as how to identify and respond to extremist propaganda and recruitment tactics. It will also emphasise the importance of critical thinking, open-mindedness, and respectful dialogue when engaging with diverse perspectives and opinions.

We hope that this presentation will be a valuable learning experience for our Year 9 students, and we encourage all parents to engage in conversations with their children about the dangers of radicalisation and the importance of staying informed and vigilant in today's complex and rapidly changing world.

Mr Martin (Deputy Headteacher)

Free Cereal in the Canteen in Building 5!

Innovate, our caterers, are offering free cereal to students in our Building 5 canteen from Monday. This will be available to students in all year groups to help them start their day!

Start your day with a **Free bowl of cereal**

Wholegrain cereals are a rich source of many essential vitamins, minerals. They are also the only food source of a unique group of antioxidants believed to protect your heart!

Did You Know? Did You Know? Did You Know?

Exam Season

Exam season can be a stressful time for many students, but there are things you can do to help reduce stress and perform your best.



Some tips to consider include practicing good study habits, taking breaks to recharge, getting enough sleep, and staying active. Additionally, there are several helpful resources available to students, such as online study guides, meditation and mindfulness apps, and stress management techniques. Here are a few resources to check out: Headspace, and Stress Reduction Techniques, [BICS](#), [YoungMinds](#), [Mind](#). Remember to

take care of yourself during this busy time and don't hesitate to reach out for help if you need it.

Miss Moustaka (Safeguarding & Inclusion Case Manager)

Anti-Bullying

All our form tutors, Heads of Year and indeed all adults in the school are training in how to identify, report and respond to signs of bullying. We have robust procedures and policies in school which we follow to ensure that we reduce and remove this from our community.



One of our values in school is respect and we expect all students to show respect to each other.

However sometimes these signs in school can be very subtle initially and it can be difficult for adults to spot these signs. We also know that some students would be concerned about their teachers knowing that this is happening.

When issues of bullying or unkindness occur in school, we address this in sensitive and appropriate ways. This can include closer monitoring or dealing with the issue in a way that reduces rather than aggravates the situation.

If your child has reported any unkindness to you that you are concerned about, please do report this to us using our staff contact form and we can discuss how we can support your child in the most appropriate way with a discussion between you, as parents, initially, so we can agree on a way forward.

Mr Martin (Deputy Headteacher)

Summer Term Extra – Curricular Sports Clubs

PE extra-curricular clubs re-commence on Monday 24th April 2023.



Monday
 Activity: All Years Athletics
 Time: 3.00pm-4.30pm
 Venue: Bethune Park
***Changing building 5 changing rooms.**

Activity: All Years Futsal
 Time: 3.00pm-4.00pm
 Venue: Building 4 Playground

Change in building 5 changing rooms.*Tuesday**

No clubs due to Athletics League Meetings (Invite Only)

Wednesday

Activity: All Years Girls Dance

Time: 3.00pm-4.30pm

Venue: Building 5 Hall

Change in building 5 changing rooms.*Thursday**

Activity: All Years Table Tennis

Time: 3.00pm-4.00pm

Venue: Building 4 Hall

***Change in building 4 changing rooms.**

Activity: All Years Boxercise

Time: 3.00pm-4.30pm

Venue: Building 5 Playground

***Change in building 5 changing rooms.**

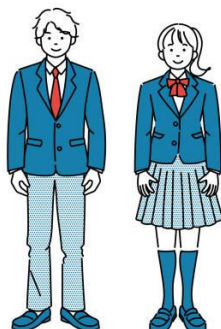
Please note students do not wear PE kit to school on the day of clubs. If you do not have PE on the day of the club, but wish to attend, please bring PE kit to change into after-school. Full PE kit must be worn to after-school clubs. If you have PE lessons on the day of a chosen club, you will already be changed into full PE kit.

Mr R Browell (Head of PE)**School Uniform**

We are incredibly proud of our students and the way that they present themselves to our community. We do this by 'sweating the small stuff' when it comes to uniform, and this ensures that larger behaviour issues are less common. The aim of our uniform policy is to ensure that all students look professional, are ready to work in school and be prepared for the world of work after they leave us.

Please do support the school culture and ethos by helping us ensure that students have the correct uniform. In particular:

- Students should be wearing leather shoes, please click here for [boys shoes](#) and [girls shoes](#).
- Students should not wear any jewellery or piercings other than a single stud in each ear lobe.
- Students should be wearing neutral trainer socks or no socks with tights.



- Students should also have their shirt tucked in, top buttons done up and ties tied correctly.

If students arrive to school in incorrect uniform, they could be asked to return home to change and return immediately or failure to follow clear and reasonable instructions to address their uniform could result in students being detailed or placed in our Referral Room.

Mr Martin (Deputy Headteacher)**Second Hand Uniform**

You can buy good quality, second-hand uniform at the following site: www.oldschooluniform.co.uk

The school accepts outgrown, good condition uniform please hand in your items to the school reception.

Mobile Phones

As we enter the final term of the academic year, we would like to remind parents that the use of mobile phones is prohibited during the school day, and students should not use them to communicate with anyone including parents. This is to ensure that our students can concentrate on their learning without distractions and to maintain a positive learning environment.

Our school has a strict policy on mobile phone use, and we expect all students to adhere to this policy. Mobile phones must not be visible or used during the school day, including breaks and lunchtime. Any mobile phones that are seen or heard will be confiscated by the school staff and returned to the student at the end of the school day. If this happens twice, parents should expect to come and collect the phone from the school office.

We understand that mobile phones can be important for staying in touch with parents and guardians, particularly in emergencies. However, we have systems in place to ensure that students can communicate with parents in case of emergency. Parents can contact the school office, and we will make sure that the message is relayed to the student. We encourage parents to use this system rather than contacting their child directly during the school day.

We believe that the mobile phone ban is essential to create a positive learning environment where students can concentrate on their studies without distractions. Mobile phones can be a significant source of

distraction, and we want to ensure that our students have the best possible chance of success in their academic studies.

We appreciate your support in enforcing the mobile phone ban and remind parents that it is their responsibility to ensure that their child adheres to the school's policy on mobile phone use. We encourage parents to talk to their children about the importance of the ban and the impact that mobile phones can have on their academic performance.

Thank you for your cooperation in this matter, and we look forward to continuing to work together to ensure the best possible learning environment for our students.

Mr Martin (Deputy Headteacher)

Managing Stress and Anxiety



We can access new music and movies in seconds. We can get products delivered to our door the very next day. We can chat or play games with people on the other side of the planet. For all the remarkable benefits the digital age has brought us, however, it's also presented us with a whole new raft of pressures

and anxieties that, in truth, we're all still learning to cope with.

From continual notifications inflaming a fear of missing out to the risk of public embarrassment or slanging matches on social media, today's children and young people have stresses to manage that previous generations simply never encountered. This guide examines these uniquely modern worries, highlighting ways to reduce the anxiety that digital devices can bring.

In the guide you'll find tips on reducing push notifications from apps, avoiding social media arguments and spotting when a child's been upset by something online.

Mr Martin (Deputy Headteacher)

Barnet Libraries – Literacy Festival



A morning with Tanya Landman in conversation with Miriam Halahmy discussing 'The Battle of Cable Street' and 'Lightning Strike'. Including a Q&A and book signing session. Age guidance: children and teenagers 9 to 15 years & adults.

Finchley Church End Library
Sunday 14 May
9.30am – 11.30am

Book your FREE ticket and more information at <https://www.eventbrite.co.uk/e/a-morning-with-tanya-landman-talking-to-miriam-halahmy-about-her-books-tickets-518542042207> or scan the QR code below.



Barnet Libraries offer a wide range of services to support students. For example, they provide GCSE and

A Level revision guides as well as a large collection of non-fiction books. We also offer a wealth of [online resources](#) including encyclopaedias, dictionaries, online newspapers and biographies. All are available to use free with a Barnet Library card. Library members can use a PC for 90 minutes each day or enjoy unlimited access to our Wi-Fi.

Teenage Vaccinations

Teenage vaccinations given in years 8, 9 and 10 – is your teen up to date?

Teenage vaccinations are the best way to protect your child from serious diseases such as HPV-related cancers, meningitis, septicaemia, diphtheria, tetanus and polio. In school, your child will be offered:

- The HPV vaccine in year 8 and 9 as a 2-dose schedule
- The MenACWY vaccine in year 9 and 10
- The 3 in 1 teenage booster in year 9

If your child has missed any of these vaccines, speak to their school immunisation team or GP surgery and make an appointment to catch up as soon as possible. For more information, visit:

- www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them/

Stephen Warrick
Communications and Engagement
Public Health, London Borough of Barnet

Body Piercings

Warning young people about the risk of body piercings

To protect young people from contracting harmful infections and infectious diseases due to unsafe piercings, it is very important they are aware of the risks that can be associated with piercings.

Piercings administered without the correct hygiene, experience and safety considerations can have **very serious consequences** including Tetanus, Hepatitis (B or C) and HIV.

To raise awareness of body piercing facts and risks, please refer to our [Body Piercing & Your Health Flyer](#) and share these top tips:

Do you know the facts about body piercings?

Know the risks before deciding if a body piercing is safe and right for you. Follow these top tips to ensure you make a good decision, know the regulations regarding administering piercings to others and lower your risk of infection or illness:

- Anyone under 16 should seek parent/guardian permission before getting a piercing
- Check the business is licenced with your local authority, and that the piercer is experienced. If the business is in Barnet, call the Licensing Team 020 8359 7443 or email: SpecialTreatments@barnet.gov.uk
- Check yourself that the premises, equipment, and the piercer look clean, tidy and hygienic
- If you have any doubts about the piercer, the premises or just about having a body piercing, leave the premises and give yourself more time to think about it
- If you make the decision to get a piercing, correct after care is essential to avoid infection.

It is an offence to provide piercings for commercial gain if you do not have a licence.

Dr Emma Waters, Public Health Lead
Public Health & Prevention, London Borough of Barnet

Parents – Conversation Starters

Parenting the digital world is difficult, no-one can deny that. For many of us we didn't grow up in a world of technology, therefore we don't have 'lived experience', we're just trying our best. With many parents I speak to, one of the questions I regularly get is, "How do I start the conversation?"

With the exploitation of children getting significantly worse each year, those conversations are so important. In my voluntary work with the Police, I visit many homes where a child/young person has uploaded illegal imagery, and yet so often I hear "Why did you do that, you knew it was wrong!", 'That's it, you're banned" and much more. This is victim blaming. From a parental perspective I get it, I understand the reaction. Parents are scared, even traumatised. Yet these criminals are devious, I often see the chat logs, children are ALWAYS victims.

The Internet Watch Foundation have put together a brilliant guide for parents. You can find the guide [HERE](#).

Public Health Updates



Mental health support for children,
young people and their families

Mental Health Support for CYP Leaflet

Please [find attached an amended version](#) of the mental health support for children and young people leaflet.

Please see attached [flyer for St. Vincent's Wellbeing Hub](#). This is open to anyone that supports/leads on mental health in schools or would like to learn more about the Senior Mental Health Lead training. For further information, please contact emma.scelsi@stvincents.barnet.sch.uk

Jayne Abbott, Resilient Schools Manager

Public Health Directorate, London Borough of Barnet