



Headteacher's Update

Be kind to one another, forgiving one another, as God forgave you. Ephesians 4:32

11 November 2022

Key Message from Executive Headteacher

It is a huge thank you to staff, students and parents/carers this week for that they have organised and taken part in.

We had a great Year 11 information evening for parents and Year 11 students this week, with a great turnout. The evening was led by Mr Francis Head of Year 11 and presentations were given by core Heads of Department. I believe our GCSE cohort this year are placed really well to do brilliantly in their exams and are embracing the process of intervention and revision in the lead in for this first set of mock exams.



Sixth formers took part in a key enrichment event when they went to a Safe Drive Stay Alive event, which teaches them about road safety when they start driving. This is a key life event for them and this course helps them with awareness now and, we hope, throughout their lives. Our Wear Read Day 22 went fantastically well and demonstrated our support for the charity Show Racism the Red Card. Please see the powerful article on this below.

It was great for our staff to see so many parents online this week for Year 8 Parents' Evening and thank you to all who made appointments to speak with teaching staff; we hope you found the evening informative and helpful as we continue to work in partnership to ensure your children reach their full academic

potential during their time at St Andrew the Apostle School. We have also had an extended form time for form tutors and students to review attitude to learning grades.

Lastly for events, Remembrance Day was observed on Friday with all our students and staff observing a two minutes' silence. Please see article below on this as well. We have marked this occasion across all our schools in the Russell Education Trust, with one of our History teachers giving an assembly in his school on his great grandfather, who served in World War One and died in the Battle of the Somme. The assembly was deeply moving and helped students to relate to the huge loss the country has experienced through conflicts over the years.

Next week is national Anti-Bullying Week. This year's theme for the week is 'Reach Out' and we will be taking the opportunity to remind students to report any unkind behaviour they might experience or witness. We have few instances of bullying at our school and we are mindful of the need to consistently work hard, and embrace opportunities like Anti-Bullying Week to ensure that this remains the case.

I hope in these newsletters give you a sense of our students' experience in our school, which I believe is rich in cultural capital. Please do follow us on Twitter as well.

A Easton

Anthony Easton (Executive Headteacher)

Upcoming key Dates and Information

- Please [click here](#) to access term dates.
- Please [click here](#) to access school calendar for upcoming Term.
- Please [click here](#) to access previous editions of the Newsletters.
- Thursday 11 November – Year 11 Mocks Begin
- Thursday 24 November – Year 12 Parents Evening
- Thursday 8 December – Sixth Form Open Evening
- Friday 9 December – Christmas Dinner and Show

Faith- πίστις

**Feast Day of St Matthew: Apostle and Evangelist
- 16 November**

St Matthew the Apostle was one of the twelve apostles of Jesus. Before being called by Jesus, he was a tax collector. He is the author of The Gospel of St Matthew and initially started by preaching the Gospel to the Jewish community in Judea before going further east to other countries.

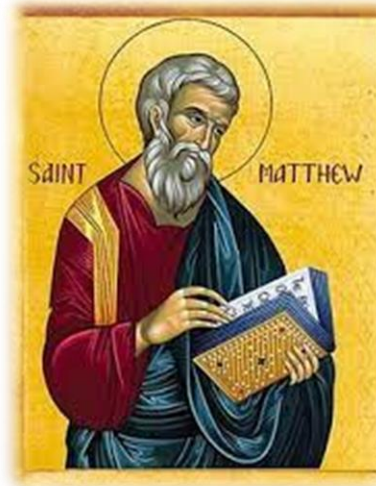
Matthew was different from the other Apostles. He was not a popular man. Many people felt that he was unworthy to be chosen as a follower of Jesus. Matthew worked for the Romans as a tax collector. The Romans ruled Palestine and the Jewish people during the time of Jesus. They forced the Jewish people to pay taxes to them. Tax collectors had a reputation for cheating people by charging more taxes than required and keeping the extra money for themselves. Thus, the Jews considered tax collectors to be traitors.

In Chapter 9 of his Gospel, Matthew tells the story of how Jesus called him to follow him and how the Jewish people felt about tax collectors. In this story, the Pharisees, a group of Jews who strictly followed all the laws of their religion, referred to tax collectors as "sinners." Jesus knew in his heart that Matthew was not a sinner or a cheat.

Matthew's life is changed when Jesus comes upon him carrying out his tax collection duties in the custom house. Jesus calls out to Matthew: **"Follow me."** Matthew, without hesitation, left all his interests and becomes a disciple of Jesus, embracing his teachings. It is possible that Matthew had already been aware of Jesus and his teachings, since he was probably from the same territory (Galilee) in which Jesus had been teaching. He got up and followed Jesus and invited Him to his home for a meal. When the Pharisees saw this, they acted with judgment and cruelty. They said, **"Why does your teacher eat with tax collectors and sinners?"** Jesus' subsequent response to them says much about the goodness of our Lord. **"Those who are well do not need a physician, but the sick do. Go and learn the meaning of the words, I desire mercy, not sacrifice. I did not come to call the righteous but sinners."**
Matthew 9:11-13

When Jesus said that He "did not come to call the righteous but sinners," He was speaking of those who were "self-righteous." A self-righteous person is one who thinks highly of themselves, ignoring the truth of God

but choosing, instead, to elevate their own self and reputation in a way which makes them appear boastful and egotistical.



Saint Matthew was a sinner indeed. Most likely he was greedy and overly attached to his money. Tax collectors were seen as thieves, because they often extorted more than they should receive so that they could

pocket some of the money. What is interesting is that Jesus approached Matthew, the sinner and tax collector, and confidently called him to be a follower. Most likely, Jesus could see into his heart. He knew Matthew was not happy with his life and was searching for more. Therefore, as soon as Jesus called him to follow Him, it is clear that something took place within Matthew's heart and soul. The fact that he got up and followed our Lord shows that the spiritual draw to Jesus was far more powerful than his desire for material wealth.

This same truth applies to each and every one of us. No matter what we find ourselves drawn to and no matter how we seek satisfaction in life, the truth is that there is only one thing that will satisfy. We could have all the money in the world, all earthly power and prestige, and still, in the depths of our souls, we will not find peace until we turn to Jesus and follow Him.

It is worth reflecting upon how satisfied we are with our own lives. Is there something missing? If so, let us look at our goals and priorities in life. What do we spend most of our time thinking about, talking about and daydreaming about? If it is not our Lord Who occupies our mind, it is said that we can expect to experience discontentment in life. In that case, look to the witness of Saint Matthew. He is a saint today because he responded to Jesus' invitation to abandon his life of sin and greed to follow Him in poverty. But in that worldly poverty and abandonment of earthly things, Saint Matthew became abundantly rich spiritually and will remain so forever in Heaven.

Mr M Vassiliou (STA Spiritual Director)

Tea with the Headteacher

Last week in school we rewarded students for all their efforts in the previous term.



Firstly, we saw the results of our form competition where each form from each year group were given time during form to play games and were given some free time before the start of the school day.



Also, we had our half termly 'tea with the headteacher' event where those students who had achieved wonderful attitude to learning grades last half term were invited to sit and have tea and cake with Mr Easton and member of our support staff.

It was a lovely event where students were joined by colleagues from Finance, the Office and our Pastoral team, and it was wonderful to spend time talking about how students achieve well, what is in store for the rest of the school year for each of the year groups and to hear their ideas for how our school can be improved.

This event occurs each half term for students who demonstrate fantastic attitude to learning.

Mr Chris Martin (Deputy Head Teacher)

Highest Recognition Points



Congratulations to Athanasia P, Malachi M, Ayman J, Nicholas P and Nikki T for achieving the highest recognition points in Year 11.

Anti – Racism Red Card

Students and staff took part in a non-uniform/dress down day across the school in school on 9 November 2022, in support of the charity Show Racism the Red Card. They deliver anti-racism workshops to more than 50,000 young people every year, whilst providing training to teachers. Despite their efforts, young people continue to be victims of racial abuse every day.



Show Racism the Red Card is the UK's largest anti-racism charity and students and staff were encouraged to wear something red to show how we unite against racism.



In the 1990s Newcastle United goalkeeper, Shaka Hislop was at a petrol station near Newcastle's St James Park Stadium when he was confronted with a group of young people shouting racist abuse at him. After one of the group realised that they had been shouting at Hislop, they came over to ask for an autograph. It was from this experience that Hislop realised he could harness his status as a professional player to make a difference. Coupled with the power of football and his status as a role model, he thought then and still does today that education can be an effective strategy in challenging racism in society.



The support from our students and staff on this day was fantastic and all proceeds from donations on this day will go to this charity.



Mr Martin (Deputy Head)

Sixth Form *Safe Drive, Stay Alive* production



On Monday 7 November our Y12 and 13 students had the opportunity to attend a production called *Safe Drive, Stay Alive* on Monday 7 November 2022. *Safe Drive Stay Alive* is produced by a road safety partnership including Thames Valley & Hampshire Police forces, local councils, and emergency services. Each partner has been working for years to reduce the number of people dying on the roads and by the end of this year they will have welcomed over 220,000 young people through the doors of a Safe Drive presentation. As our sixth formers are or will be driving within the next 12 to 18 months, we were very keen on them attending this production. While the production was rather hard hitting in places, we believe it was a worthwhile experience for all students. We don't often get to hear from victims of road traffic accidents who will never fully recover, or from parents who have lost a child on the road; our students were given the opportunity to hear poignant and thought-provoking testimonies.

Ms Fourcade (Head of sixth form)

Y11 Information Evening

We would like to thank all our Y11 students and their parents, who attended on Y11 Information Evening on Wednesday 9 November. Mr Francis (Head of Y11) and the Heads of core subjects offered detailed presentations on how to approach this very important year, with tips on how and where to revise, and information about the upcoming mock exams, and

GCSE examinations in May-June 2023. We wish our Y11 students every success and are looking forward to continuing to support them through every step of their journey.

Ms Fourcade (Head of sixth form)

Remembrance Day

On Friday 11 November 2022 our school has decided to come together to commemorate those who lost their lives in the two World Wars and the casualties of wars since then. We believe that the service and the sacrifice made by British and Commonwealth servicemen and women have provided us with the freedom and liberties that we all enjoy today. We recognise the immense suffering members of the armed forces and civilians suffering during the World Wars and this is something, as a school, we will never forget. We endeavour to demonstrate our thanks to these men and women by exercising our school values of **respect, responsibility, caring, fairness, forgiveness, trustworthiness** at all times and to never take for granted the freedoms these men and women won for us and our children. In recognition of their service and sacrifice, our school will all stand for a minute silence at 11.00am for our students in Building 5 and 11.11am in Building 4. **We will remember them.**

Mr Walch (Head of History)



Anti – Bullying Week

To mark Anti-bullying week on Monday 14 November St Andrew the Apostle is taking part in Odd Socks Day.



Odd Socks Day is part of Anti-Bullying Week. To celebrate that we are all unique, we ask that children wear odd socks to school on Monday 14 November where possible. Odd socks day is an opportunity for children to express themselves and celebrate their uniqueness.

Dear Parents/Carers,
WOOHOO... MONDAY 14TH NOVEMBER IS ODD SOCKS DAY!

WHAT IS ODD SOCKS DAY?
 Odd Socks Day is part of Anti-Bullying Week! To celebrate that we are all unique, we ask that children wear odd socks to school on Monday 14th November. Last year over 13,000 schools took part in Odd Socks Day. Andy Day (CBeebies/CBBC) and his band Andy and the Odd Socks are supporting the Anti-Bullying Alliance to help bring Odd Socks Day to life again this year. Have a listen to the brilliant song they have recorded especially for Anti-Bullying Week, Calling Out.

WHY IS ODD SOCKS DAY IMPORTANT?
 The day sends an important message to pupils that they should be allowed to be themselves free from bullying and helps us celebrate Anti-Bullying Week in a fun and positive way.

WHAT DO WE NEED FROM YOU?
 It's so easy ☺ Here's what you do:

1. Make sure your child wears odd socks to school
2. Donate £1 to help the Anti-Bullying Alliance carry on important work
3. If you want to, you can share a photo online using #OddSocksDay #AntiBullyingWeek and tag @absonline and @AndyOddSock on Twitter. Or @antibullyingalliance and @andyandtheoddssocks on Instagram.

THANK YOU, THANK YOU, THANK YOU!
 Every penny goes to the Anti-Bullying Alliance to help continue all their work. We can't wait to see all the Odd Socks on Monday 14th November ...

If you have any questions please ask:

Monday 14th November

ANTI-BULLYING ALLIANCE ORGANISER | REACH OUT #ANTIBULLYINGWEEK | ANDY AND THE ODD SOCKS PARTNER

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There is no pressure on the children to wear the latest fashion or for parents to buy expensive costumes. All they have to do to take part is wear odd socks to school.

We would like to invite participating children to make a £1 donation (or whatever you feel the right donation should be) to support the Anti Bullying Alliance.

Full information is on the flyer and letter emailed out.

Miss Henshaw-Devall (Safeguarding and Inclusion Officer)

Attendance

School attendance: what parents need to know



Why is good attendance important?

Good attendance and punctuality are vital for success at school, and to establish positive life habits that are necessary for future success.

Through regular attendance, pupils can:

Build friendships and develop social groups.

Develop life skills.

Engage in essential learning and other school social events.

Achieve to their full potential.

Minimise the risk of engaging in anti-social behaviour and becoming victims or perpetrators of crime.

All parents should promote good attendance and work in partnership with their child's school to provide a cohesive approach.



What does the law say?



All children of compulsory school age – between 5-16 – must receive a suitable full-time education. As a parent, you are responsible for ensuring that this happens, either by registering your child at a school or by making appropriate alternative arrangements.

Legal action can involve a penalty notice or being taken to court.

Parents also face the risk of imprisonment and parenting orders. Parenting orders involve attending a counselling and guidance programme, usually a parenting class.

A penalty notice of £60 per adult per child may be issued as an alternative to prosecution, but this will rise to £120 if it is not paid within 21 days. Failure to pay a



penalty notice will usually lead to **prosecution**.

Can my child ever be absent?



When a pupil is absent from school, this will be classified as either '**authorised**' or '**unauthorised**'.

The governing board and headteacher decide which absences are granted as authorised. Authorised absences are only permitted for valid reasons, e.g.:

- Illness
- Medical or dental appointments
- Religious observances
- Family bereavement

Wherever possible, parents should always try to arrange medical and dental appointments during school holidays or after school hours.

What are unauthorised absences?

Unauthorised absences are those which the school does not consider essential or reasonable.

Unauthorised absences can include:

- Forgetting school term dates
- Oversleeping
- Absences which have not been explained
- Arriving at school after the register has closed
- Leaving school for no reason during the day
- Truancy before or during the school day
- Keeping pupils off school unnecessarily or without explanation
- Day trips or family outings
- Problems with uniform/clothing
- Birthdays and holidays

Holidays during term time

- The school **cannot** authorise an absence for a holiday during term time.
- Taking holidays during term time means that pupils miss important school time – both educationally and for other school activities. It will be difficult for pupils to catch up on work when they return to school. Only in **exceptional circumstances** may a holiday be authorised during term time – this will be decided by the headteacher.
- **Exceptional circumstances do not involve cheaper costs, family availability or weather conditions.**
- You will be fined if you take your child on holiday during term time without permission from the headteacher.

Requesting absences



Authorisation of absences are at the discretion of the headteacher.

All absences, including for holidays, must be requested as far in advance as possible – the minimum notice period is **20 days**. If you think your child needs to be taken out of school, you should discuss the reasons with the headteacher as soon as possible.

If the headteacher is satisfied with the evidence and the notice period, they will authorise the absence.

The headteacher will decide the amount of time a pupil can be away from school, taking into account their attendance record.

Requests **will not** be granted in the following circumstances:

- Immediately before or during assessment periods
- When a pupil's attendance record shows any unauthorised absence for any reason
- Where a pupil's authorised absence record is already above **10** percent, for any reason

Lateness and truancy

Good attendance doesn't just involve being present in school – it also involves punctuality. You also have a responsibility to ensure that your child arrives to school on time and stays in school during the day.



Class registers will be taken at **8.30am** Children arriving between **8.30am** and **8.55am** will be marked late. Children arriving after **8.55am** will be marked **U** This is an unauthorised absence.

How can I help? You can help in many ways:

- Encourage good attendance by making sure your child goes to school regularly.
- Take an interest in your child's school work.
- Make sure your child understands that you do not approve of absence from school.
- If you are unsure then please send your child into school and we can decide if students should be sent home.
- We see that students who eat or drink something feel better after period 1.
- Support our school in our efforts to control inappropriate behaviour
- Inform us on the first day of your child's absence and keep us updated throughout the absence period.

- Cooperate with our school to make sure your child overcomes any attendance problems.
- Apply for leave in advance.
- Only take your child out of school during term time where the absence has been authorised.

Attendance matters!

Don't underestimate the importance of 100 percent attendance. Even one day missed can have an effect on learning:

- 98 percent attendance means four school days missed
- 95 percent attendance means 10 school days missed
- 90 percent attendance means 19 school days missed
- 80 percent attendance means 38 school days missed
- Five minutes late each day means three school days missed

Please help us promote good attendance throughout our school – you really do play an important role.

If you have any queries regarding your child's attendance, please contact your child's head of year or email attendance@standrewtheapostle.org.uk

Our Code of Conduct

This is the Code of Conduct always defining the minimum expectations of students. All expectations come under three broad headings. They are supported by Character education and our values, *Respect, Responsibility, Caring, Fairness, Forgiveness, Honesty and Trustworthiness*.

RESPECTFUL

- Do as you are asked by all members of staff, first time without question.
- Listen to others, do not call out, and use appropriate language and tone.
- Be kind to each other and take care of the building, displays and equipment.

RESPONSIBLE

- Follow rules for health and safety, including walking on the left.
- Keep hands, feet, objects and personal comments to yourself.
- Be in the right place at the right time, and not unsupervised areas.
- Leave valuables at home; the school is not responsible for them.

READY

- Be punctual.

- Be in full school uniform, worn properly.
- Be silent when entering a classroom.
- All necessary equipment out on desk, and everything else away.
- Bags on the floor, coats on the chair.
- All headphones, phones and other electronic equipment off and out of sight – otherwise will be confiscated.
- No gum or food, or fluid other than water.

Safeguarding

Many students use WhatsApp despite there being a minimum age rating of 16. There are some inherent dangers to students using this including:

- Bullying, particularly in group chats
- Seeing content of a sexual nature, or showing violence and hatred
- Settings that allow messages to disappear after 24 hours or 7 days. This could make it harder to track bullying, and your child might share things they wouldn't otherwise because it'll disappear
- Sharing their live location, particularly with people they don't know in person
- Spam or hoax messages
- Being exposed to strangers through group chats

Keep your child safe on WhatsApp

What are the risks?



- Bullying, particularly in group chats
- Seeing content of a sexual nature, or showing violence and hatred
- Settings that allow messages to disappear after 24 hours or 7 days. This could make it harder to track bullying, and your child might share things they wouldn't otherwise because it'll disappear
- Sharing their live location, particularly with people they don't know in person
- Spam or hoax messages
- Being exposed to strangers through group chats

WhatsApp says the **minimum age** to use it is **16**, but younger children can still use it easily.

6 steps to help your child use WhatsApp safely

1. Keep their personal information and location private

By default, WhatsApp shows profile photos, status and when you last used it to all users.

Encourage your child to only share this information with their contacts and be careful about who they talk to on the app, as anyone could pretend to be a child online.

To check and change these settings:

- On an **iPhone**, open settings in WhatsApp (the cog icon), then Account > Privacy. Tap the setting you want to change, then choose who it should be visible to
- On **Android**, tap the 3 dots in the top-right of the home screen, then > Settings > Account > Privacy. Tap the setting you want to change, then choose who it should be visible to

WhatsApp also has a feature that you can use to share your 'live location' with others. Tell your child to keep this turned off, or to only share their location with people they trust.

To check this:

- On an **iPhone**, go to phone Settings (the cog icon) > WhatsApp > Location, and tap to change if you need to
- On **Android**, go to privacy settings as above, then scroll down to 'Live location', and tap to change if you need to

2. Remind your child to be careful about what they share

It's easy to forward messages, photos and videos to others on WhatsApp. Even if your child sets a message to automatically disappear or deletes it after sharing it, the person they send it to could still screenshot it, forward it to someone else, or save it.

So before they share anything, tell them to ask themselves: "Would I want others to see what I'm about to send?"

3. Remind your child they can leave group chats

If they see something they're not comfortable with in a group chat, or are in a chat with someone they don't know and are uncomfortable with, they should leave the group. To do this:

- On an **iPhone**, go into the group chat, tap the group subject, then > Exit group > Exit group
- On **Android**, go into the group chat, tap the group subject, then > Exit group > Exit

4. Make sure your child knows how to report and block people

When they first receive a message from an unknown number, they'll have the option to report it.

If someone in your child's contacts is upsetting them or making them uncomfortable, they can report or block them at any point (WhatsApp won't tell the user they've been blocked/reported).

To do this:

- On an **iPhone**, open settings in WhatsApp, go to Account > Privacy > Blocked > Add New..., then find the contact they want to block, and tap the contact
- On **Android**, tap the 3 dots icon, then Settings, then tap Account > Privacy > Blocked contacts, tap the icon in the top right showing a person and a plus sign, search for the contact they want to block, then tap the contact to block them

To report issues like offensive or abusive content or spam:

- On an **iPhone**, open the chat with the user you want to report, tap the contact then then tap Report Contact > Report And Block
- On **Android**, open the chat with the user you want to report, then tap the 3 dots icon, then > More > Report

5. Encourage your child to watch out for spam and hoax messages

These can appear to come from contacts, as well as people they don't know. Tell your child to watch out for messages that:

- Ask them to tap on a link, or specifically to click on a link to activate a new feature
- Ask them to share personal information like bank account details, date of birth or passwords
- Ask them to forward the message
- Say they have to pay to use WhatsApp
- Have spelling or grammar errors

6. Tell our school about any bullying they experience

Look for signs they your child may be being bullied, like being afraid or reluctant to go to school, feeling nervous, losing confidence or becoming distressed and withdrawn, or losing sleep.

Sources used in this factsheet

- [Bullying and cyberbullying, NSPCC](https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/)
<https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/>

- [Help Centre, WhatsApp](#)
https://faq.whatsapp.com/?locale=en_US

This factsheet was produced by [The Key Safeguarding](#):
thekeysupport.com/safeguarding

Extra-Curricular Sports Clubs

PE extra-curricular clubs re-commence on Monday 7 November 2022.

Monday

Activity: All Years Dodgeball

Time: 3.00pm-4.00pm

Venue: Building 5 Hall

***Changing building 5 changing rooms.**

Tuesday

No clubs due to basketball and netball matches

Wednesday

Activity: All Years Girls Netball

Time: 3.00pm-4.00pm

Venue: Building 5 Playground

***Change in building 5 changing rooms.**

Thursday

Activity: All Years Basketball

Time: 3.00pm-4.00pm

Venue: Building 4 and 5 Playground

***Change in building 5 changing rooms.**

Activity: All Years Dance

Time: 3.00pm-4.30pm

Venue: Building 5 Hall

***Change in building 5 changing rooms.**

Please note students do not wear PE kit to school on the day of clubs. If you do not have PE on the day of the club, but wish to attend, please bring PE kit to change into after-school. Full PE kit must be worn to after-school clubs. If you have PE lessons on the day of a chosen club, you will already be changed into full PE kit.

Mr Rob Browell (Head of PE)

STA School Fund

Dear Parents/Carers,

In line with a number of other schools locally and across our Trust, we are running a school fund where members of our school community can donate to support the school and enhance our students' educational experiences.

Purpose of the fund

Donations will be used to supplement resources for those in need and to improve our learning environment. Funds will never be spent on core running costs (such as energy bills or salaries). Your donations will only every

be used to extend and improve the education and support we offer to our young people.

Donations will be used for the following:

ICT Equipment:

We would like to increase our ICT resources by providing high quality equipment in buildings 4 and 5.

Books for Library:

We are building up our library resources and would be pleased to receive either donations to purchase books or you may purchase a named book for our school from [our Amazon wish list](#). Please go to our school website under 'Support us' for further details.

Playground Equipment:

We would like to increase our provision of playground equipment for our students to use during break and lunchtime. This includes outdoor seating and furniture such as picnic tables.

Financial contributions

There is no pressure to contribute to the school financially. We are simply making the option available for those who wish to do so. A single donation of £5 is suggested but all donations regardless of size will be greatly appreciated and will make a difference. Please ensure that you tick the 'Gift Aid' box if you are eligible. Please be assured also that any regular donations are completely under your control and can be cancelled at

Anthony Easton (Executive Headteacher)

Upcoming live broadcasts - free from Speakers for Schools: Black History Month

- **Monday 14 November 10-10.45am**

World Cup of Careers: Matt Dickinson, Senior Sportswriter, The Time for KS3-5/S1-6.

We are excited to host Matt Dickinson, Senior Sportswriter, The Times, for a broadcast as part of our World Cup of Careers. In this broadcast, Matt will discuss how he got into sports journalism, what it takes to be a good sports journalist and how to specialise in football journalism. Matt will be happy to answer your questions in the Q+A and give his expert advice to all budding sports journalists.

Click [here](#) to register

- **Wednesday 16 November 10-10.45am**

World Cup of Careers: Sandra Garlick MBE, Head of HR, Legal & Compliance & Safeguarding, COVID Appointed Officer, Coventry City Football Club for KS3-5/S1-6.

Click [here](#) to register.

Flu vaccination campaign for years 7, 8 and 9



The NHS has written to schools to update them on changes to the national flu vaccination programme. Please see the contents of their letter below:

We have recently been informed that the flu programme will now include the school years 7, 8 and 9 from September this year.

Early information from the flu season in Australia, shows flu has been circulating earlier than expected and has been affecting younger age groups, therefore DHSC has taken steps to include these age groups in the 2022/23 vaccination campaign. Sessions for flu vaccination have already been planned and confirmed for primary schools so providers will be working with you to arrange additional dates to ensure vaccination can be offered to your students. It is likely that this will be from November onward once additional vaccine supply is available.

We would be very grateful if you could remind parents that their children are entitled to free flu vaccination on the NHS. This vaccine will be provided by a school aged vaccination team that visits the school and is given as a nasal spray. This form of the vaccine is very easy to administer and is especially well suited to preventing onward spread of infection.

The vaccine protects the child against the four main strains of influenza predicted to be in circulation this winter. Young children catch influenza very easily.

Children can spread the infection for up to 7 days, which is longer than in adults, therefore vaccinating children reduces the risk of influenza for family members, teaching staff and other children.

In school, children will be mixing with large numbers of other children in a confined environment, which increases the risk of germs (virus and bacteria alike) spreading. Vaccination builds children's immunity to protect against illnesses.

Vaccines stop influenza germs being spread, thus protecting the very vulnerable children and those in the wider community who may not have, or may not be able to develop, immunity.

Public Health and Primary Care Commissioning NHS England (London Region)

Access Ashurst Programme

Applications are now open for our **Access Ashurst** programme – a paid work experience and skill development programme, aimed at increasing access to law, for Year 12 state school students.

Who is Ashurst?

Ashurst is a leading global law firm with a history spanning almost 200 years. Our London office is based near Liverpool Street Station in Spitalfields.

What's on offer?

A paid two-week legal placement from 24 July 2023 to 4 August 2023 and a mentoring and skill development programme throughout Year 13.

Who are we looking for?

Year 12 students interested in career in law.

Students must meet the criteria outlined by [Prime](#) (see attached).

Apply now!

Visit Ashurst's website to learn more about this opportunity and to apply:

<https://www.ashurst.com/en/careers/students-and-graduates/uk/work-experience/access-ashurst>

Deadline for applications is 16 January 2023 at midday.

Free Parents Career Guide

Careers advisors and teachers



New 2022/23 FREE Parents Careers Guides - DOWNLOAD TODAY

We are delighted to announce that our brand new 2022/23 Parents guides to University, Apprenticeships and STEM are now available.

What can you expect from our parents' guides? This year's Parents University and Apprenticeship Guides will be our third edition and have been designed to help parents support their children in making informed decisions about their future and developing skills to help them succeed.

Apprenticeships Guide

Parents will benefit from content on topics including:

- Introduction to apprenticeships and sectors
- How to find the right apprenticeship
- Pathways into work, including T-levels, apprenticeships, and university
- How you can support your child in deciding if an apprenticeship is right for them

- Apprenticeships vs. university
- Degree apprenticeships
- Opportunities available across 15 different sectors

PLUS, interviews and guest content from a diverse range of organisations including National Audit Office, Bristows LLP, Royal Horticultural Society, Morgan Stanley, British Horseracing Authority

University Guide

- How to apply to university and a guide to UCAS
- Personal statements and how to stand out from the crowd
- Student finance
- Alternatives to going to university
- Placement years at university

Pros and cons of going to university

- PLUS interviews and guest content from universities including Reading University, Liverpool University, Bournemouth University, South Wales University and Exeter University.

Bonus STEM Guide

This year's guide explores 10 different STEM subjects to help young people to understand more about careers in the field along with profiles on how each subject can help tackle an environmental challenge. This comprehensive guide has been designed to showcase just how creative, exciting and rewarding a career in STEM can be.

Best regards,
Success at School
124 Chatsworth Road
London, NW2 5QU

Homework Club

Homework club is open for all students in years 7 – 11

- On: **Monday - Thursday**
- From: **3.10 - 3.55pm**
- In the **ICT room, in Building 5**

BROOK is the UK's leading sexual health charity - commissioned to offer a variety of services to support young people and professionals in Barnet.

Mental Health Crisis Helpline – Reminder



If you're in crisis and need to talk right now, there are many helplines staffed by trained people ready to listen. They won't judge you and could help you make sense of what you're feeling.

- **[Samaritans](#)**. To talk about anything that is upsetting you, you can contact them 24 hours a day, 365 days a year. You can call [116 123](#) (free from any phone)
- **[SANEline](#)**. If you're experiencing a mental health problem or supporting someone else, you can call
- **[National Suicide Prevention Helpline UK](#)**. Offers a supportive listening service to anyone with thoughts of suicide. You can call them on 0800 689 5652 (open 24/7).
- **[CALM](#)**. You can call them on 0800 58 58 58 (5pm–midnight every day) if you are struggling and need to talk. Or if you prefer not to speak on the phone, you could try the [CALM webchat service](#).
- **[Papyrus HOPELINEUK](#)**. If you're struggling with suicidal feelings, or concerned about a young person who might be struggling, you can call on 0800 068

Please [click here](#) to access helpful advice and support from the **NHS for teenagers and young adults** who need support with their mental health and are coping with bereavement.

[Shout 85258](#)- a free, confidential, 24/7 text-messaging support service for young people.

Support for Parents and Carers- advice and support for you if you're worried about a child or young person.

[Young Mind's Parent Helpline and Webchat](#)

Reminder: During school, students needing emotional support can talk to their Form Tutors and their Head of Year. The following members of staff are also available:

- **Mr C Martin, Deputy Headteacher (DSL*)**
- **Mrs L Cooke, Deputy Headteacher (DDSL*)**
- **Ms D Moustaka (Safeguarding & Inclusion Manager)**
- **Mr N Anemouri (Pastoral Support Officer)**
- **Ms Linden Cooke (Deputy Headteacher and Safeguarding Officer)**

*DSL is the Designated Safeguarding lead.

*DDSL is the Deputy Designated Safeguarding lead

These open days provide a fantastic opportunity for prospective applicants to visit departments, colleges, meet current students, as well as tutors.

For more information about [admissions](#) and [open days](#).

For any students for whom the cost of travelling to Oxford for the Open Days would be a barrier, please contact access@chch.ox.ac.uk to get support.

[Childline](#) – a free, private, and confidential service available for all young people. This can be found on ParentPay as we are a cashless school.

Please note that students should wear their normal school uniform, but are permitted to wear an additional colourful accessory; for example, colourful socks, hair accessories etc.

If you have any questions or would like to offer additional support, please contact Mrs Hammond, Assistant Head or myself, Ms Moustaka, Safeguarding and Inclusion Case Manager.

Solutions 4 Health New Free Apps



BREAKING NEWS: 2 x NEW FREE APPS Available from Solutions 4 Health

- Camp Island (5 – 10 years)
- Become Your Best Self (11 – 17 years)

Interactive and engaging apps supporting healthy and positive lifestyle choices.

The apps are free to access in Barnet as long as the user allows the location permission that pops up.

Please share far and wide..... And enjoy playing

Bromcom Student Portal Issue



There is a known national issue with the Student Portal website and the Bromcom service team are working on this. The Student Portal app remains unaffected and accessible for homework assignments.

The Student Portal app can be downloaded on all Smart Devices through the App Store or Google Play Store.