

# Headteacher's Update

Be kind to one another, forgiving one another, as God forgave you. Ephesians 4:32

14 October 2022

# Key Message from Executive Headteacher

Our school site is coming on nicely and students and staff are really excited to see the progress!

The view from over our school fence . . .



Hebrews 3:4, For every house is builded by some man; but he that built all things is God.

This week:

Football fixtures; netball fixtures; and many after school sports clubs. For a small school and a small PE department, there is a wonderful amount of sporting activity!

Year 13 had a key marker point for their A Level exam journey this week with the online parents evening, where parents were given tips to support their children through mock exams. Year 11 have been brilliant this week, just their focus and willingness to go with their teachers when things are hard is fantastic. There are intervention sessions for both year groups in half term for specific subjects and targeted students.

In Black History Month, it was great to see recognition for a Great Briton was in the news this week as the late Jack Leslie, a footballer from the 1920s and 30s, was awarded an England cap 97 years after he was called up to play for his country, being the first black player to do so. He was denied the honour of playing as he dropped after selectors discovered the colour of his skin. Leslie was the first professional player who was

black and current FA chair, Debbie Hewitt, said this following the announcement. "Jack Leslie is a true football legend who, through his own adversity, has positively shaped attitudes and behaviours to identify and remove discrimination from football,"

https://www.theguardian.com/football/2022/oct/07/fa-a-award-jack-leslie-posthumous-england-cap-97-years-after-call-up

Remember there is an INSET day on Friday 21 October 2022, so students' last day in school this half term will be Thursday 20 October 2022.

For many years this INSET day has been a Cross-Trust Day where our staff members collaborate with colleagues in our other Russell Education Trust schools, and this year is no exception. With our schools spread across the south of England, online sessions have helped collaboration, but this year some of our staff will be travelling to Turing House School in Teddington, to experience their new building, while others will be online with colleagues from our schools in Hove, Brentwood, and Bristol, sharing great practice.

Here's hoping the lovely autumn weather continues over half term.

Anthony Easton (Executive Headteacher)

# Upcoming key Dates and Information

- Please <u>click here</u> to access term dates.
- Please <u>click here</u> to access school calendar for upcoming Term.
- Please <u>click here</u> to access previous editions of the Newsletters.
- Monday 17 October Yr 7-9 Football vs Finchley Catholic
- Wednesday 19 October- Yr 10 Football vs Finchley Catholic
- Wednesday 19 October Yr 9 Football vs Totteridge Academy
- Thursday 20 October Yr 10-11 Netball vs Wren Academy
- Thursday 20 October Senior Football vs Wren
- Thursday 20 October Last day
- Friday 21 October Inset day

#### Faith- πίστη

#### The Parable of Sower - The Fourth Sunday of St. Luke

In the Fourth Sunday of Luke which was yesterday, the 16<sup>th</sup> October, the Evangelist Luke presented the Parable of Sower. Our Lord Jesus Christ used examples from the daily life to express the heavenly and divine truths. He was able in this way to help the man of good will to understand and to accept His divine message. Even today through the Parable of the Sower He takes the example of sowing, an image which is very familiar to the farmers. He compares the seed to the word of God, the earth to men's souls and the various conditions under which one accepts or renounces the word of God in his personal life.

The word of God is always full of life. It is the source of life and strength; it is always holy and powerful. But, to bear fruit it depends on the good will of every man who listens and accepts God's words within his heart. If man, because of his evil intensions does not accept in his heart the word of God, then the Divine Grace does not give its fruits and that soul cannot be vested with the virtues of Christ.

Our Lord Jesus Christ assured us saying, that "not anyone who calls me Lord, Lord, shall enter into the Kingdom of Heaven, but he who does the will of my Father". It is not enough to hear nice and beautiful sermons. It is not enough to study Holy Scriptures. It is not enough to come to church every Sunday and major feast days. All these must be done, but under the basic rule that we practice God's teachings in our daily life.

When the word of God is accepted by a good-willing soul, then it is completely transformed spiritually and bodily. The unbeliever makes him a believer, the man of the flesh makes him spiritual, the greedy makes him a philanthropist, the blasphemer makes him a god-fearing person, the prodigal makes him an honest man.

Thus, we must not only hear or read the word of God,

but we should practice it in our daily life.



Mr M Vassiliou (STA Spiritual Director)

# Dropping off and picking up students

Dear Parents/Carers,

# Dropping off and picking up students – St Andrew the Apostle School

Thank you to all parents for working with us on the new dropping off and pick up arrangements following the closure of the Brunswick Park Road entrance to the North London Business Park. Thank you, also, to those parents who have made the choice to drop off and pick up off site as this reduces traffic and makes the site safer for St Andrew the Apostle students.

Please avoid parking on the double yellow lines or in the disabled parking bays. Drivers who park in these areas or outside these times may receive a parking ticket.

Please refer to the map overleaf. Parents/carers can use the parking bays at the front of the multi-storey car park; if these are full, parents and carers should queue around the multi-storey car park. If you reach the front of the queue and you have not collected your child, you will have to re-join the queue.

Parents are also able to park on the ground floor of the multi-storey car park to wait for their child if they display a valid ticket.

To summarise:

• Please pick up or drop off off-site.

#### If on site

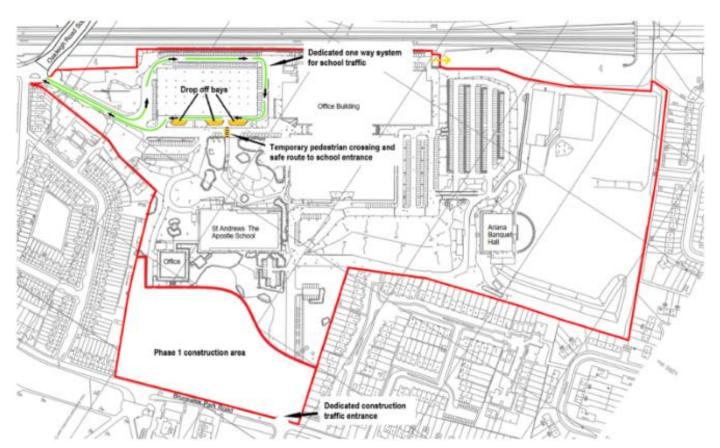
- Please do not park in disabled bays.
- Please do not park on double yellow lines.
- Please park in bays in front of the multi-storey car park.
- Please queue around the multi-storey car park.
- Please do not arrive before 2.55pm and leave before 3.20pm.

Thank you again for your continued support. We are hoping that pedestrian access via the Brunswick Park Road entrance will be open in approximately 12 weeks. This will help to ease traffic significantly. Your patience with the current situation is greatly appreciated.

It is wonderful to hear and see the work that has started on the site of our new school building, which we will be moving into during the academic year starting September 2024.

If you have any questions, regarding the changes mentioned above, please contact the school through the usual channels.

**Anthony Easton (Executive Headteacher)** 



### Year 12 Settling in Evening

The Sixth Form team were delighted to welcome Y12 students and their parents for an informative Settling in Evening. Ms Fourcade celebrated the recent our students' recent successes, both at GCSE and A level, and shared our last cohort of Y13 students' inspirational destinations. Parents and students were reminded of expectations and of the support that is available to all, to enable our students to reach their full potential, both academically and in their personal lives. Our Sixth Form Student Leadership Team shared their own experience of their 7-year journey from Y7 to Y13, and emphasised the importance of personal relationships as a true highlight and catalyst to their achievements. Ms Koveri inspired our students and families with exciting opportunities, which are available to all students, for higher education including Oxbridge Outreach, enrichment and apprenticeships. Parents appreciated the opportunity to exchange with others and to meet the team.

If you were unable to attend or would like to access the information again, please <u>click here</u> for the full presentation.

You can contact the Sixth Form team directly to answer your questions: sixthform@standrewtheapostle.org.uk

# National Hate Crime Awareness Week

Monday 10 October marked the beginning of National Hate Crime Awareness Week, so we invited a guest speaker from the Met Police to speak to our Year 10 students about "Hate." Police Officer Rick Warrington discussed issues of hate, intolerance, and serious youth violence and gangs and the impact this has on young people and their lives. Rick was then joined by Humza Arshad OBE, a comedian, actor, author, and YouTube ambassador.



Humza gave a dynamic and touching speech to the students with some personal anecdotes as to how hate and intolerance has impacted his life. This exciting speech provided our students with a different perspective on the impacts of hate crimes and the importance of tolerance and understanding.

Ms D Moustaka (Safeguarding and Inclusion Manager)

#### **Student Council**



Students went to the polls this week to vote for their form's Student Council representative: a formal process that demonstrates to the whole school the values of democracy and having students' voices heard.

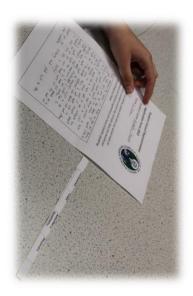


Well done to those students whose applications were strong enough for them to go through to hustings, and



well done to all students who spoke so passionately about why they should be the voice of their form and year group in the Student Council. It is wonderful to see young people so passionate about making a difference.

Staff look forward to working with the Student Council to explore new ideas and to develop the student experience here at St Andrew.



Mrs L Cooke (Deputy Headteacher)

## Year 10 Settling in Evening

It is always a pleasure to meet with parents and to discuss the progress of students within school, and the Year 10 settling in evening was a wonderful opportunity to see parents in-person again. The evening covered the expectations of students during their GCSE studies, information about the developments in the school site and suggestions of how parents and carers can best support their children through their exams.

The key messages from the evening:

- Students must have a suitable study space, where there are limited distractions (not having their mobile phone is a good routine).
- Attendance is vital for attainment
- Homework is essential and supports learning and progress. Students should have access to the following sites to complete homework: Bromcom, Seneca and Dr Frost Maths.

Key dates for the diary:

- Year 10 Exams Start: 24 April 2023
- Year 10 Reports: 25 May 2023
- Year 10 Parents Evening: 15 June 2023

The PowerPoint presentations, including those from heads of core subjects can be found on the website using the link below. I will also post this link onto Bromcom.

https://www.standrewtheapostle.org.uk/documents/ParentInformation/Year%2010%20Information%20Evening%202022-23.pdf

Miss D Walt (PE Teacher and HOY)

#### Sporting Success

Last week was another excellent week for the girls' netball teams. Both Y9 and Y10 played Ark Pioneer Academy on Thursday 6 October.



Girl of the Game: Alayziah L

The Year 9 girls team continued their success in the league and won their game with a brilliant score of 9-2. The girls demonstrated outstanding teamwork, determination, and skill in their game

The Year 10 girls team played their first match of the season in their league. They won their match 7-5, with outstanding goals from Christina K.



Girl of the Game: Jessica S

Miss D Walt (PE Teacher and HOY)

# Year 9 Football

Christ College 2 – 1 St Andrews the Apostle

Going into the game confident after our 5-0 victory against Friern Barnet, the second game of the season was a much tougher test against Christ College. Kaine K, Luca S and Kyros L were battling well in midfield; however, after a blocked clearance landed at the feet of the opposition right winger, he managed to float the superb shot over Theo C into the far-right hand corner giving Christ College the 1-0 lead. Shortly after Christ College were awarded a penalty, Christ College scored making the score 2-0 at half-time.

Jayden K and Jaidon A were introduced at half-time and made an immediate impact. Jayden K got the ball out wide, squeezed in a cross which Kaine K shot wide of the post. Shortly after Jaidon A pulled a goal back after great work from Jayden K. We continued to create chances, but the goal just would not come. With the back four of Angel M, Jonatan Q, Daniel G and Hendrik S putting on a completely dominated display at the back in the second half. Petar B managed to get the ball out wide beat two defenders with the Christ College goalkeeper making a great save. It did not look like it was going to be out day until a fantastic run down the left wing from Jayden K beating two defenders caused Christ College to bring him down just inside the box. Penalty given with seconds on the clock. After a fantastic, second half performance man of the match performance, Jayden K was unable to convert the penalty.

#### Mr R Fowlie (Year 9 Football Manager)

Upcoming live broadcasts - free from Speakers for Schools: Black History Month

#### Tuesday 18 October 10-10.45am

Oluchi Ikechi, Partner, Head of Strategy & Transactions APAC, Capital Markets, Ernst & Young Parthenon. Founder of 'Fully Bossed' for KS4-5/S4-6.

Join us and Oluchi Ikechi, Partner, Head of Strategy & Transactions APAC, Capital Markets, Ernst & Young Parthenon. Founder of 'Fully Bossed' for an exciting talk that is part of this year's Black History Month – Time for Change: Action Not Words'. We will be asking questions about what it's like being a black woman in tech and the importance of empowerment and change.

To register click here.

# • Friday 21 October 10-10.45am

Naureen Khan, Chief of Staff, Accenture & Former Chair of the Central Government Council, TechUk for KS4-5/S4-6

Considering working in the fast-growing digital tech sector? Got a work experience placement this half-term in the sector? This may be the broadcast for you!

Naureen will be speaking about some of the exciting roles in her industry that you may never have heard about before and the work being done to close the gender gap in her industry.

Click here to register.

### • Thursday 3 November 2-2.45pm

Stephen Miron, Group CEO, Global for KS4-5/S4-6.

Have you ever been interested in learning more about radio? Hear from Stephen Miron the Chief Executive of Global. Global Radio is Europe's largest commercial radio company and owns Heart, Capital, Classic FM, Smooth, LBC, Radio X, Capital Xtra & Gold. Stephen will be talking about what it's like to on air as well as what goes on behind the microphone

Click <u>here</u> to register

# • Wednesday 9 November 10-10.45am

Oliver McCourty, CEO, opportunity for KS4-5/S4-6.

Does the idea of public speaking make you nervous? Do you want to hear from an expert? Tune in to our broadcast with Oliver McCourty, CEO of OpportunityM who believes everyone should understand the value of speaking meaningfully and truthfully.

Click here to register.

#### Monday 14 November 10-10.45am

World Cup of Careers: Matt Dickinson, Senior Sportswriter, The Time for KS3-5/S1-6.

We are excited to host Matt Dickinson, Senior Sportswriter, The Times, for a broadcast as part of our World Cup of Careers. In this broadcast, Matt will discuss how he got into sports journalism, what it takes to be a good sports journalist and how to specialise in football journalism. Matt will be happy to answer your questions in the Q+A and give his expert advice to all budding sports journalists.

Click <u>here</u> to register

# Wednesday 16 November 10-10.45am

World Cup of Careers: Sandra Garlick MBE, Head of HR, Legal & Compliance & Safeguarding, COVID Appointed Officer, Coventry City Football Club for KS3-5/S1-6.

More details to follow Click here to register.

#### Bromcom Student Portal Issue



There is a known national issue with the Student Portal website and the Bromcom service team are working on this. The Student Portal app remains unaffected and accessible for homework assignments.

The Student Portal app can be downloaded on all Smart Devices through the App Store or Google Play Store.

# Flu vaccination campaign for years 7, 8 and 9



The NHS has written to schools to update them on changes to the national flu vaccination programme. Please see the contents of their letter below:

We have recently been informed that the flu programme will now include the school years 7, 8 and 9 from September this year.

Early information from the flu season in Australia, shows flu has been circulating earlier than expected and has been affecting younger age groups, therefore DHSC has taken steps to include these age groups in the 2022/23 vaccination campaign. Sessions for flu vaccination have already been planned and confirmed for primary schools so providers will be working with you to arrange additional dates to ensure vaccination can be offered to your students. It is likely that this will be from November onward once additional vaccine supply is available.

We would be very grateful if you could remind parents that their children are entitled to free flu vaccination on the NHS. This vaccine will be provided by a school aged vaccination team that visits the school and is given as a nasal spray. This form of the vaccine is very easy to administer and is especially well suited to preventing onward spread of infection.

The vaccine protects the child against the four main strains of influenza predicted to be in circulation this winter. Young children catch influenza very easily.

Children can spread the infection for up to 7 days, which is longer than in adults, therefore vaccinating children reduces the risk of influenza for family members, teaching staff and other children.

In school, children will be mixing with large numbers of other children in a confined environment, which increases the risk of germs (virus and bacteria alike) spreading. Vaccination builds children's immunity to protect against illnesses.

Vaccines stop influenza germs being spread, thus protecting the very vulnerable children and those in the

wider community who may not have, or may not be able to develop, immunity.

Public Health and Primary Care Commissioning NHS England (London Region)

#### Access Ashurst Programme

Applications are now open for our **Access Ashurst** programme – a paid work experience and skill development programme, aimed at increasing access to law, for Year 12 state school students.

#### Who is Ashurst?

<u>Ashurst</u> is a leading global law firm with a history spanning almost 200 years. Our London office is based near Liverpool Street Station in Spitalfields.

#### What's on offer?

A paid two-week legal placement from 24 July 2023 to 4 August 2023 and a mentoring and skill development programme throughout Year 13.

#### Who are we looking for?

Year 12 students interested in career in law. Students must meet the criteria outlined by <a href="Prime">Prime</a> (see attached).

#### Apply now!

Visit Ashurst's website to learn more about this opportunity and to apply:

https://www.ashurst.com/en/careers/students-and-graduates/uk/work-experience/access-ashurs

Deadline for applications is 16 January 2023 at midday.

# Free Parents Career Guide

#### Careers advisors and teachers



# New 2022/23 FREE Parents Careers Guides - DOWNLOAD TODAY

We are delighted to announce that our brand new 2022/23 Parents guides to University, Apprenticeships and STEM are now available.

What can you expect from our parents' guides? This year's Parents University and Apprenticeship Guides will be our third edition and have been designed to help parents support their children in making informed decisions about their future and developing skills to help them succeed.

#### **Apprenticeships Guide**

Parents will benefit from content on topics including:

- Introduction to apprenticeships and sectors
- How to find the right apprenticeship
- Pathways into work, including T-levels, apprenticeships, and university
- How you can support your child in deciding if an apprenticeship is right for them
- Apprenticeships vs. university
- Degree apprenticeships
- Opportunities available across 15 different sectors

PLUS, interviews and guest content from a diverse range of organisations including National Audit Office, Bristows LLP, Royal Horticultural Society, Morgan Stanley, British Horseracing Authority

#### **University Guide**

- How to apply to university and a guide to UCAS
- Personal statements and how to stand out from the crowd
- Student finance
- Alternatives to going to university
- Placement years at university

Pros and cons of going to university

 PLUS interviews and guest content from universities including Reading University, Liverpool University, Bournemouth University, South Wales University and Exeter University.

## **Bonus STEM Guide**

This year's guide explores 10 different STEM subjects to help young people to understand more about careers in the field along with profiles on how each subject can help tackle an environmental challenge. This comprehensive guide has been designed to showcase just how creative, exciting and rewarding a career in STEM can be.

Best regards, Success at School 124 Chatsworth Road London, NW2 5QU

# Homework Club

Homework club is open for all students in years 7 - 11

- On: Monday Thursday
- From: 3.10 3.55pm
- In the ICT room, in Building 5



# Everyone can access law. You included.

There are certain things you need to be a lawyer. You've got to be **determined**. **Hard-working**. **Switched on to the world around you**. But at PRIME, we know those are traits anyone can have. They can't be bought. They don't come from private school education, or your parents' finances. They're part of who you are, and the person you want to be. So if you want to work in law, you can come from any background at all. Any culture. Any social group. **If you've got the right attitude**, **you can become a great lawyer**. It all starts here, with legal work experience from <u>PRIME</u>.

What we look for: In order to apply to a PRIME work placement, you must meet the following qualifying criteria....



School age



At a state school

First to attend University



You must also meet one or more of the following...

You're in one of:

Year 9 to Year 13 (England & Wales)

S2 to S6 (Scotland)

Year 3 to 4, Lower Sixth and Upper Sixth (Northern Ireland)

4th Year to 6th Year (Republic of Ireland)

You're attending, and have attended from aged 11, a statefunded, non-fee-paying school/nollege. You grew up in a household where no parent or guardian attended University.

- You are currently in receipt of, or have previously received, free school meals, Pupil Premium, Education Maintenance Allowance and/or 16 to 19 Bursary
- You have been, or are currently, in local authority care (for a period of 3 months or longer)
- You are, or have been, a full-time or part-time carer
- You came to the UK as a refugee or asylum seeker
- You are attending a state school or college with:
   a) below average A-Level or Higher point score and/or
   b) low rate of progression to higher education.
   (click here for more information)

Note: young people who meet the local authority care criterion do not need to meet any other criterion. These criteria are not exhaustive and may be amended over time.

# School eligibility

- This is determined by looking at a school's Higher point score or rates of progression onto higher education).
- In order to work our whether your school is eligible, please click here for more information.

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# 0-19 Early Help Workshops with BROOK

The 0-19 Early help team are fortunate to work alongside BROOK in delivering informative workshops for young people. The sessions allow young people to explore individual topics and allow them opportunities to share knowledge and learn new information.

BROOK is the UK's leading sexual health charity - commissioned to offer a variety of services to support young people and professionals in Barnet.





#### Workshops delivered by BROOK

Workshop	Audience	Dates	Information
C Card Drop In	13yr – 25yr olds	28.09.22 3 - 5pm	Drop in to collect condoms and seek advice about sexual Health
Online Safety	9 years and above	20.10.22 4 - 5pm	Covering the pros and cons of the internet and social media, healthy and unhealthy online behaviour, and youth produced sexual imagery
Healthy relationships	9 – 11yr olds	08.11.22 4 - 5pm	Exploring what makes a healthy relationship, by looking at what we might like in a partner, whether certain behaviours are healthy or harmful, and what abuse might look like. We will discuss what consent is and how to communicate it, signposting to local support services.
Healthy Relationships	11 – 13yr olds	15.11.22 4 - 5pm	As above
Healthy Relationships	13 years and above	22.11.22 4 - 5pm	As above
C Card Drop In	13 – 25yr olds	08.12.22 3 - 5 pm	Drop in to collect condoms and seek advice about sexual Health

For further information about the timetable or how to access these sessions please call:

East Hub – 020 8359 3460 or 0208 359 2372.





# The Gresham Competition



# The Gresham Competition: an oracy competition for Year 12 - entries by 15 November

Gresham College is launching a competition for Year 12 students in September 2022, to promote the art of communicating complex information in a clear, concise and compelling way. This year's theme is the environment and sustainability.

Sign up here to hear about the competition (and for other Gresham updates for schools): <a href="mailto:gres.hm/schools">gres.hm/schools</a>. Read more here: <a href="mailto:gres.hm/competition">gres.hm/schools</a>.

# The Competition will:

- support the development of oracy skills.
- help students with UCAS applications and job interviews.
- promote a deeper understanding of the environment.
- introduce students to the inspiring research of world-class academics.
- be an opportunity to present in front of academics and professionals.

#### **How to Enter**

# Choose one of the following topics and please make a reasoned argument:

- Who should be responsible for creating a better future environment for the next generation? How and why?
- 2. What should the UK government do about the environment that will benefit your generation?
- 3. Who should be most responsible for getting to Net Zero and why?
- 4. What's the greatest positive environmental change you expect to see in your lifetime?
- 5. What responsibilities should young people take on to address environmental/climate issues today and why?

Students will submit a five-minute, recorded presentation – the main focus should be the student speaking but can use images, graphs, or other visual props that help explain your points. Shortlisted candidates will then be invited to present again in

person in London, and there will be three awards (including prizes for student and the school). You can enter the competition here <a href="mailto:gres.hm/entryform">gres.hm/entryform</a> and upload the video here <a href="mailto:gres.hm/dropbox">gres.hm/dropbox</a>. Guidance and resources will also be provided to help students explain complex issues in a clear, concise, logical and engaging way.

# Why Enter?

#### **Benefits for Students:**

- Participating in the Gresham Competition will help students develop oracy and presentation skills useful for interviews and public speaking opportunities; it will also enhance CVs and UCAS applications.
- The entry process is quick and easy, with entries filmed and submitted within 5 minutes.
   We are not judging the video quality – any camera phone will do.
- Finalists will meet a panel of prestigious judges including Professor Myles Allen, the physicist behind Net Zero, and climate change expert Dr Jessica Omukuti.
- 4. Winners will receive cash prizes and medals: £250 gold, £200 silver and £150 bronze.
- 5. Since 2022 is a pilot year we expect fewer entries.

#### **Benefits for Schools:**

The schools of winners will also benefit with priority access to lectures, visits from Professors or senior leaders, and a certificate.

#### **Key Dates**

15 September 2022: Competition opens

15 November 2022: Competition closes

30 November 2022: Entrants notified

24 January 2023: In-person presentation at Gresham College (we will cover travel expenses).

Each finalist will have five minutes to present and five minutes for Q&A with the panel.

Three Gresham medals will be awarded (Bronze, Silver and Gold), along with finalist certificates.

#### Get in Touch

Please do get in touch with our team with any questions via schools@gresham.ac.uk.

With very best wishes,

#### **Dr Wendy Piatt**

Chief Executive Officer Gresham College

# Mental Health Crisis Helpline – Reminder



If you're in crisis and need to talk right now, there are many helplines staffed by trained people ready to listen. They won't judge you and could help you make sense of what you're feeling.

- <u>Samaritans.</u> To talk about anything that is upsetting you, you can contact them 24 hours a day, 365 days a year. You can call <u>116 123</u> (free from any phone)
- <u>SANEline</u>. If you're experiencing a mental health problem or supporting someone else, you can call
- National Suicide Prevention Helpline
   UK. Offers a supportive listening service to
   anyone with thoughts of suicide. You can call
   the on 0800 689 5652 (open 24/7).
- <u>CALM.</u> You can call them on 0800 58 58 58 (5pm-midnight every day) if you are struggling and need to talk. Or if you prefer not to speak on the phone, you could try the <u>CALM</u> webchat service.
- Papyrus HOPELINEUK. If you're struggling with suicidal feelings, or concerned about a young person who might be struggling, you can call on 0800 068

Please <u>click here</u> to access helpful advice and support from the **NHS for teenagers and young adults** who need support with their mental health and are coping with bereavement.

<u>Shout 85258</u>- a free, confidential, 24/7 text-messaging support service for young people.

**Support for Parents and Carers**- advice and support for you if you're worried about a child or young person.

# **Young Mind's Parent Helpline and Webchat**

**Reminder:** During school, students needing emotional support can talk to their Form Tutors and their Head of Year. The following members of staff are also available:

- Mr C Martin, Deputy Headteacher (DSL\*)
- Mrs L Cooke, Deputy Headteacher (DDSL\*)
- Ms D Moustaka (Safeguarding & Inclusion Manager)
- Mr N Anemouri (Pastoral Support Officer)
- Ms M Henshaw-Devall (Safeguarding Officer)

\*DSL is the Designated Safeguarding lead.

\*DDSL is the Deputy Designated Safeguarding lead

These open days provide a fantastic opportunity for prospective applicants to visit departments, colleges, meet current students, as well as tutors.

For more information about <u>admissions</u> and <u>open days</u>. For any students for whom the cost of travelling to Oxford for the Open Days would be a barrier, please contact **access@chch.ox.ac.uk** to get support.

<u>Childline</u> – a free, private, and confidential service available for all young people. This can be found on ParentPay as we are a cashless school.

Please note that students should wear their normal school uniform, but are permitted to wear an additional colourful accessory; for example, colourful socks, hair accessories etc.

If you have any questions or would like to offer additional support, please contact Mrs Hammond, Assistant Head or myself, Ms Moustaka, Safeguarding and Inclusion Case Manager.

# Solutions 4 Health New Free Apps



BREAKING NEWS: 2 x NEW FREE APPS Available from Solutions 4 Health

- Camp Island (5 10 years)
- Become Your Best Self (11 17 years)

Interactive and engaging apps supporting healthy and positive lifestyle choices.

The apps are free to access in Barnet as long as the user allows the location permission that pops up.

Please share far and wide...... And enjoy playing