



Headteacher's Update

Be kind to one another, forgiving one another, as God forgave you. Ephesians 4:32

08 July 2022

Key Messages

At St Andrew the Apostle School two of our core values are respect and fairness. Based on these values last week our Year nine students marked Windrush Day in school where they received an assembly on the contribution the Windrush generation had made to British society led by Mr Easton and Gerry Anderson from the NFL. This day was not only thoroughly enjoyed by students, who raised money for the Runnymede Trust by holding a non-school uniform day but supported their wider education in upholding British Values.

As we come to the end of the academic year it's worth reflecting on the many times throughout the year where, we have upheld these values. In November we marked Anti-Bullying week; in February we acknowledged refugee week; throughout the year we have held many assemblies and lessons on sexual harassment and misogyny; and only last month we marked pride month in school with a range of activities. We always aim to make St Andrew the Apostle School a welcoming place for all our students, staff and visitors.

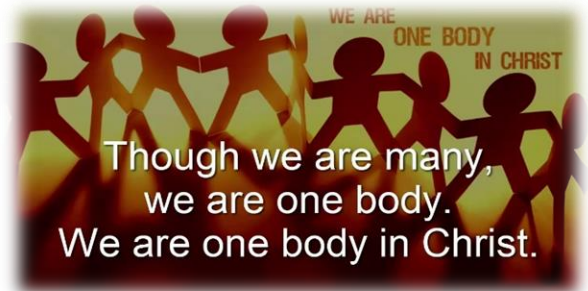
However, our work in school is not yet completed for the year. Next Wednesday in school all our students will participate in an 'enrichment' day which is environmentally themed. Students will be working in their form classes on a different skill to support environmental work. For example, our year 8 students will learn about environmentally friendly and healthy ways to travel to school with our year ten students will be composing essays and speeches on environmentally themed topics.

In the final week of term, we will be celebrating our Greek Orthodox ethos by visiting the St Katherine's Church for an end of year service where we will give thanks to God and our whole community for the supportive work that has been done in our school this year. In that week we will have our end of year achievement assemblies where we celebrate the work all our students have done in the year.

Although we coming to the end of the academic year, we are looking forward to two more weeks of enjoyable and purposeful work in School.

Best wishes,

Mr C Martin (Head of School)



St Andrew The Apostle School Notice

Dear Parent/Carer,

You will have seen articles in our recently newsletters informing you of plans for our new school building. Please see attached art competition for our students and students who are joining us in September. The winners of the competition will have their designs reproduced on the hoardings that will surround the area where our new building will be constructed. We are looking forward to receiving competition entries!

Kind regards,

Thank you,



For more information and pictures about the new building [click here](#)

Faith- πίστη

Why the Orthodox Church Celebrates Name Days: An Orthodox Tradition

Celebrating name days is an Orthodox tradition observed throughout Greece and other Orthodox countries. Each year, Orthodox Christians celebrate the feast day of the Christian saint, holy person, or martyr after which they are named. Greek name day celebrations are much more elaborate and historically took the place of celebrating one's birthday.

According to the Orthodox Calendar, each Greek name day of the year is dedicated to the memory of a saint or martyr; and there are usually more than one on the same day. Each saint or holy person has their own feast day. On that day, Orthodox people all across the world celebrate their name day with great enthusiasm.

For instance, on January 7th, the Greek Orthodox Church commemorates John the Baptist (Ioannis o Vaptistis). So, each year on January 7th, Greeks named Ioannis or Ioanna (John or Joanna) and all its many derivatives (Yannis, Yanna etc) celebrate on this day.

The vast majority of Greek names, both male and female, are celebrated on the same day each year. However, there are a few, moveable/non-fixed name days. These dates are associated with Easter.

Specifically, since the forty days before Easter are days of grief for the passions of Christ, no one celebrates during this time period. The most common moveable Greek name days are those associated with Easter, namely Anastasios and Anastasia and Agios Georgios (Saint George).

Anastasios and Anastasia (coming from the word Anastasis, meaning Resurrection) celebrate their Greek name days on Easter Sunday, the greatest Christian feast day. Georgios and Georgia celebrate their name day on April 23rd, but only if

the particular date on that given year is after Easter. If not, their name day is celebrated on the Monday after Easter Sunday.

The Greek name day for Maria (the Virgin Mary) can be celebrated on August 15th or November 21st—either on the day of her Dormition or the Annunciation. In this case, most people tend to choose which date they want to celebrate their name day on; however, local traditions and customs can also determine this day.

The most common name for Greek men is Yannis and the most common name for women is Maria. Greeks humorously say that on January 7th, half of Greece is celebrating, and the other half is celebrating on August 15th.

Name days vs. birthdays

Unlike most other western countries, name days in the Orthodox world are celebrated more so than are birthdays. Yet, name days are celebrated like birthdays albeit without the cake and the blowing out of the candles on the cake. The first thing Greeks do is to phone the person whose name day is being celebrated and wish him or her well, usually wishing them “many years of life” or “Hronia Polla” in Greek. On one's name day, there is an open house held, and a feast is laid out for everyone who wishes to come. Friends or relatives usually visit even without an invitation.

Cities and Villages Also Have Their Name Days

Many cities and villages have a patron saint, therefore, on the feast of that particular saint, and residents celebrate the name day of their hometown. Thessaloniki (second largest city in Greece), for instance, has St Demetrius (or Ayios Demetrios) as its patron saint. Demetrius was a Christian martyr of the the 4th century AD.

The feast of AyiosDemetrios is on October 26th. On that day, the entire city celebrates with special events, concerts, and other public and private festivities.

Other much-celebrated patron saints and holy persons connected to a city are the Virgin Mary (Tinos island), Ayios Dionysios (Kefalonia island), and Ayios Spyridon (Corfu) among others. In cities and towns that have a patron saint, many inhabitants name their children after them. For example, the name Andreas is common in Patras (town in central Greece) while Spyridon is common in Corfu.

This weekend, the Orthodox Church marks the sints and name days for the Apostle Matthew and Saint Dionysios. Congratulations to those in our school community who go by the name of Matthew or Dionysios. – “Hronia Polla”.

Mr M Vassiliou (STA Spiritual Director)

Upcoming Key Dates and Information



- Please [click here](#) to access previous editions of the Newsletter.
- Please [click here](#) to access term dates.
- Please [click here](#) to access school calendar for upcoming Term.

Upcoming Events

- **Plastic Free July**
- **Work experience for Year 12 starting the week of the 11th**
- **Talent Show 15th July**

Summer Term Sports Clubs

Tuesday

Activity: Years 7-10 Softball & Rounders
 Time: 3.00pm-4.30pm
 Location: Bethune Park
 Meet: Building 5 Changing Rooms

Wednesday

Activity: Years 7-10 Futsal (Brazilian 5-aside Football)
 Time: 3.00pm-4.00pm
 Location: Upper Playground
 Meet: Building 5 Changing Rooms

Thursday

Activity: Years 7-10 Dance
 Time: 3.00pm-4.30pm
 Location: Building 5
 Meet: Building 5 Changing Rooms
 Barnet Borough Athletics League Meetings
 Venue: Stone X Stadium

PLEASE NOTE ATTENDANCE TO ATHLETIC COMPETITIONS IS BY INVITATION ONLY.

Mr R Browell (Head of Physical Education)

Staff Notice: New Deputy Headteacher



Born and raised in Ramsbottom in the northwest of England, I decided to head to the bright lights of London to teach languages in 2007. I landed at Broomfield School, loved it, and eventually moved to Southgate School in 2013 as Head of Languages.

I love teaching languages and have taught French, Spanish, a smattering of Latin and a tiny bit of Russian, Italian and Chinese! At Southgate, I became an Assistant Headteacher leading on my favourite thing in the whole world (aside from my family!) – Teaching and Learning. Why is Teaching and Learning my favourite thing? Because it transforms young people's lives. I am so excited to be starting at St Andrew the Apostle and can't wait to be a part of your school community in September. À bientôt!

Ms Linden Cooke (Deputy Headteacher)

Students of the Week

Year Group Recognitions



All students will receive 10 recognition points for their hard work and contributions.

Year 9: Raya E K – For efforts made to challenge herself in preparations for GCSE's.

Daria A D – For consistently demonstrating the school values of kindness, caring and trustworthiness.

Rishil K – For challenging himself to achieve the best and striving for excellence.

Amalia Y – For challenging herself and being proactive in lessons this week.

Sixth form

Year 12: Eriola K, Noah Y and Samuel M – For promoting the ethos of school by being supportive during the school events.

Alicia W – For insightful readings during the English literature lessons and for contributions to class debates.

Aaron C – For promoting the ethos of the school by being supportive during the school events.

St Andrew The Apostle School – Art Competition

St Andrew the Apostle School Art Competition – Adorn the new site hoardings!



Very soon you will see boards going up around the grounds for the new build so that work can be done to level the ground and make it ready. We have been asked to find a budding designer by the building company. The winning entry will contain or be a combination of the following themes and ideas:

- St Andrew the Apostle School wording or logo
- New Beginnings
- School subjects e.g., maths, English, science
- Extra-curricular activities e.g., drama, sport, music
- Faith, worship, and our values

The winner will have their entry blown up and posted on the hoardings surrounding the new build area. If you are interested in taking part, please

- Design your entry on a plain A4 sheet of drawing or printing paper. Make sure lines and colours are clear and could be seen from a distance.
- Do not fold your entry.
- Make sure your artwork leaves at least a centimetre of white space around the edges.
- Any medium (paint, pencils) is acceptable.

Either post your entry in an A4 envelope to 'Art Competition, St Andrew the Apostle School, building 5, North London Business Park, N11 1BF' or hand your entry in to Building 5 reception. **Make sure your full name and tutor group or primary school is written clearly on the back of your entry.** This competition is open to all students of St Andrew the Apostle School and incoming Year 6 into 7 September 2022 students.

Deadline for receipt of entries is **Wednesday 20 July 2022**. The winner will be celebrated in **September 2022**.

STA Band Performance At Barnet Music Festival



Our amazing St Andrew's band have performed at the Barnet Music Festival, **on Thursday 23 June 2022**. We had the honour of representing all secondary schools in Barnet, with a music performance at the artsdepot, in Finchley. We've performed in front of an audience of 600 guests, plus 200 primary school children from Barnet schools, many of which will be looking for a secondary school to go to in the following years. Hopefully we have made their choice easier! Our students have benefited greatly from this event too. Every performance in front of live audience can be a daunting experience. The preparation for the event was long and hard but the result made it all worth it!



Comments from students

Luciano: It was an extremely enjoyable experience and a great opportunity to mature as a musician yet also socialise

with our peers. The atmosphere was great, and it really tested us physically and mentally. Our performances of “hooked on a feeling” and “begging” required many weeks of practice and hard work from all the performers, but it really paid off in the end. Everybody who showed up really put in a lot of effort and contributed to create an amazing atmosphere.

Holly: The Barnet music festival was an amazing experience. It was a great chance to get to see how it is to perform in front of an audience in a wonderful venue. Although we were only there for a few minutes performing ‘hooked on a feeling’ and ‘begging’ the feeling of being on stage was great and not as scary as expected and performing as a band was a time for everyone to show off their talents.

Lydia: The year 10 GCSE students performed ‘hooked on a feeling’ and ‘begging’ at the Barnet music festival. It was an incredible experience as well as a great evening spent with friends. We played our piece in front of a large audience as well as over 200 primary school children. Although we were only on stage for a few minutes, it was a sensational time and was worth it after the many hours of endless practising. I am grateful for the opportunity and would recommend it to anyone who is interested in music.

Angela: It was an amazing experience, everyone had so much fun. Everyone was great. We all loved performing with our friends. The hard work and practise paid off and it was all worth it when we heard the congratulations from the amazing crowd.

We will have the opportunity to repeat the performance during our Talent Show, which will be taking place on the **15 July 2022** at 6.00pm, in Building 4.

Our talent show will also have several acts competing for the top spot, plus several our amazing extracurricular groups showcasing their skills and talents. Expect to see our new choir, drama group, dance groups and many more!

Looking forward to seeing you all there!

Mr K Lasithiotakis (Head of Performing Arts)

STA Year 11 Prom

‘Thank you to ALL staff involved in helping towards the year 11 Prom and made it go ahead. It was evident that ALL students had such a good time in which they have created lasting memories that they will hold on to forever. Thank to those teachers that supported on the night. It was a lovely send off.’



Mrs S Halil (Head of Year 11)

STA Year 13 Prom

On Tuesday 28 June, Y13 celebrated the end of their successful time at St Andrew Sixth Form. Due to the Covid outbreak, their Y11 Prom had to be cancelled. Therefore, this was a very important event to mark the end of their secondary school years. Chi Chi’s provided the ideal, intimate setting for this event. We wish our Y13 students all the best for the next steps of their journey. Universities and apprenticeships await, and we know our students will shine.



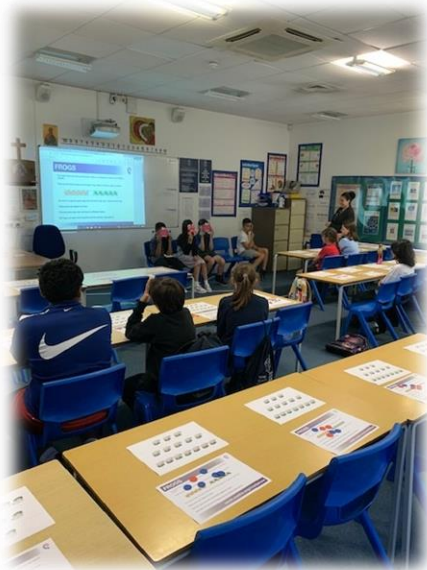
Ms J Fourcade (Head of Sixth Form)

Year 9 Windrush Celebration: Friday 1st July 2022

Our Year 9 students celebrated Windrush Day on Friday 1 July; we recognise that this was celebrated on 22 June this year, however, this was our annual sports day and therefore we marked the day on July 1. Students wore non-school uniform on this day, and donations from this will go to the Runnymede Trust, one of the country’s leading thinktanks on equality and racism.

We welcomed guest speaker, Gerry Anderson from the NFL who shared his family experience of Windrush and racism.

Gerry explored how far equality and diversity has come in his lifetime, as well as sharing his visions for the future. Later in the day, Gerry met with our Year 9 Black Excellence group who conversed and shared ideas on how we can make students from a variety of backgrounds feel celebrated in school.



Educational days like this support the special ethos we aim to create at St Andrew the Apostle, where we are continually dedicated to providing an inclusive and welcoming environment for all students.



STA

Has part of the PSHE curriculum, Safer School Officer PC Matt Browne spent an afternoon with Year 7 students discussing personal safety. PC Matt Browne shared top tips with pupils to help them keep safe when they are travelling and using public transport.

Miss D Walt (Head of Year 9)

Year 6 Taster Day

We were delighted to host our new year 7 students who are joining us next year. They took part in a series of taster sessions to get to know their teachers and understand what a lesson would look like at STA. The teachers made sure all the students went away excited about learning and being part of our special community in September. We look forward to spending the whole day with them on our Induction Day this week.



Jaladhi N (7S) and Isabella T (7S) shared their top tips for being safe when travelling and using public transport.

- Always keep your phone out of site.
- Make sure your phone is fully charged.
- Memorise your parents phone number by heart
- If you feel like you are being chased, go to the nearest shop or look for a family.
- Try to sit near the front of the bus near the bus driver.
- If you sit upstairs, sit near a family.
- Wear appropriate clothing.
- When someone asks for your belongings, give it to them even if they don't appear dangerous.

PSHE Department

Sporting Success



A huge well done to Yr. 8 student **Jana B** who placed 3rd in the Rhythmic Gymnastics NDP Finals last weekend. We are incredibly proud of all the work that goes into training and competing. Keep it up!

PE Department

Sporting Success



A huge congratulations to former student Mauro Bandeira, who this week signed his first professional contract with Arsenal FC. Mauro left the school in the summer of 2020 to complete a two-year scholars programme with Arsenal. Mauro is a role model to all aspiring young athletes, showing persistence and resilience to come back from serious knee injuries at different points over the last few years. Upon

signing the contract Mauro said, "There's no better feeling than signing this contract with my boyhood club, the atmosphere at the training ground is a place where you come to get better, everyone here supports us, so this is somewhere I want to be and grow as a player and a person." We wish you all the best for the forthcoming season.

PE Department

Mental Health Crisis Helpline - Reminder



If you're in crisis and need to talk right now, there are many helplines staffed by trained people ready to listen. They won't judge you and could help you make sense of what you're feeling.

- **Samaritans.** To talk about anything that is upsetting you, you can contact them 24 hours a day, 365 days a year. You can call [116 123](tel:116123) (free from any phone)
- **SANeline.** If you're experiencing a mental health problem or supporting someone else, you can call
- **National Suicide Prevention Helpline UK.** Offers a supportive listening service to anyone with thoughts of suicide. You can call the on 0800 689 5652 (open 24/7).
- **CALM.** You can call them on 0800 58 58 58 (5pm–midnight every day) if you are struggling and need to talk. Or if you prefer not to speak on the phone, you could try the [CALM webchat service](#).
- **Papyrus HOPELINEUK.** If you're struggling with suicidal feelings, or concerned about a young person who might be struggling, you can call on 0800 068

Please [click here](#) to access helpful advice and support from the **NHS for teenagers and young adults** who need support with their mental health and are coping with bereavement.

Shout 85258- a free, confidential, 24/7 text-messaging support service for young people.

Support for Parents and Carers- advice and support for you if you're worried about a child or young person.

[Young Mind's Parent Helpline and Webchat](#)

Reminder: During school, students needing emotional support can talk to their Form Tutors and their Head of Year. The following members of staff are also available:

- Mr C Martin, Deputy Headteacher (DSL*)
- Mrs C Hammond, Assistant Headteacher (DDSL*)
- Ms D Moustaka (Safeguarding & Inclusion Manager)
- Mr N Anemouri (Pastoral Support Officer)
- Ms M Henshaw-Devall (Safeguarding Officer)

*DSL is the Designated Safeguarding lead.

*DDSL is the Deputy Designated Safeguarding lead



These open days provide a fantastic opportunity for prospective applicants to visit departments, colleges, meet current students, as well as tutors.

For more information about [admissions](#) and [open days](#).

For any students for whom the cost of travelling to Oxford for the Open Days would be a barrier, please contact access@chch.ox.ac.uk to get support.

[Childline](#) – a free, private, and confidential service available for all young people. This can be found on ParentPay as we are a cashless school.

Please note that students should wear their normal school uniform, but are permitted to wear an additional colourful accessory; for example, colourful socks, hair accessories etc.

If you have any questions or would like to offer additional support, please contact Mrs Hammond, Assistant Head or

standrewtheapostle.org.uk

myself, Ms Moustaka, Safeguarding and Inclusion Case Manager.

Cygnets Autism Parent/ Carer Sessions Autumn 2022

A comprehensive training and support programme for parents/ carers of children aged 6-19, with a diagnosis of autism.

The course is free to families who live in Barnet. It is essential that parents/carers register.

A 6-week training course covering topics including: An overview of autism, communication, sensory needs and understanding behaviour.

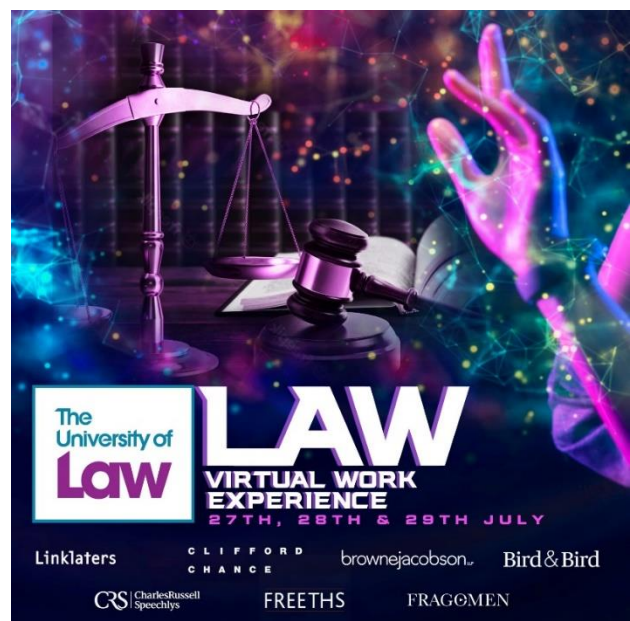
A great opportunity for parents/carers to meet each other and share their experiences.

When: The same course will be run twice in Autumn term only register for one.

[Click here](#) for CYGNETS registration form Autumn 1 (Sept/Oct) 2022.

[Click here](#) for CYGNETS registration form Autumn 2 (Nov & Dec) 2022.

For any enquiries please email: autism.team@barnet.gov.uk mentioning 'Cygnets' in the subject line.

Law Virtual Work Experience For Year 12 & 13

Do you see yourself as a future legal professional? Perhaps you'd like to become a partner for a huge international law firm?

Date: Wednesday 27th and Thursday 28th of July

Time: 10:00am - 3:00pm

A 2-day virtual Careers and an optional third day to come into a campus of your choice. The University of Law is the UK's largest provider of legal education. They deliver legal training to over 90 of the top 100 law firms and they will be running several lecture style sessions designed to give students a taste of what it's like studying law at university.

Join us for what's set to be a thoroughly engaging insight into the legal world this summer and hear from a range of elite solicitors and barristers from some of the world's most prominent organisations. Kick off this summer with an excellent addition to your CV / Personal Statement.

To sign up [click here](#).

Sun Safety

The Teenage Cancer Trust found that nearly two-thirds (61%) of young people aged 13-24 have avoided using sunscreen to get a better tan. As the weather gets hotter in the UK, we need to be more knowledgeable about keeping safe in the sun than ever before.

The damage done to young skin can lead to skin cancer developing in later life, so it's vital to help young people protect themselves in the sun.

For more information on staying safe in the sun [click here](#)

Morning Drop Off

If you drive your child to school, please could you ensure that students are not dropped off before 8.10am as school is not open before that time for students (other than those in exam years.)

When dropped off, students should either go straight into Building 5 or wait to be collected from the upper playground for those year groups with lessons in Building 4.

Uniform Donations

As plans continue for the new academic year, we appreciate that some families are facing financial challenges. In light of this, if you have any school uniform or PE kit that is in good condition which you would be willing to donate to the school, this would be greatly appreciated. If you can donate any items, these can be dropped off at the main reception in building during office hours.

Puberty, Sexual Wellbeing and Relationships - A Cygnets Course for Parents/Carers



Puberty, Sexual Wellbeing and Relationships

A Cygnets Course for Parents/Carers

A three-week programme designed to develop understanding of puberty, sexual wellbeing and relationships and their impact on Autistic children and young people.

Parents / carers will have the opportunity to meet with other parents/carers in a mutually supportive virtual environment.

Who can attend?

Parents/carers of year 6 and secondary aged students who have already attended the Cygnet core programme or other relevant parenting support programmes e.g. NAS Early Bird or Early Bird Plus programmes. Knowledge gained from these foundation programmes is needed to underpin discussion of the themes covered in the 3 sessions.

Dates:

Thursday 3rd November 2022
Thursday 10th November 2022
Thursday 17th November 2022

Time: 18.30-20.00

The course will be online

The course is free, but it is essential that parents/ carers register

Please register using this link:

[Puberty, Sexual wellbeing and Relationships Registration form NOV 2022](#)



Or scan QR Code

For any enquiries please email : autism.team@barnet.gov.uk with 'Cygnets PSR Course' mentioned in the subject line

FOSA

Please do get in touch if you would like to join our small group of dedicated parents and carers by emailing us at admin@standrewtheapostle.org.uk with FOSA in the title. Please mark your email for the attention of Mr Michael.

Mr Michael (Senior Deputy Headteacher)



Friends of St Andrew